



AMERICAN ASSOCIATION OF CARDIOLOGISTS OF INDIAN ORIGIN

November 2024 • Debasish Roychoudhury, M.D., Editor

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AACIO Information

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**American Association of Cardiologists of Indian Origin (AACIO)
International Society of Cardiovascular Ultrasound (ISCU)
Indian Physicians Association, Chicago, Illinois**

TO PRESENT

INDIAN PHYSICIANS/CARDIOLOGISTS DINNER MEETING

Sunday, November 17, 2024

5:00 p.m. – 10:00 pm

Gaylord Fine Indian Cuisine Restaurant

100 East Walton Street

Chicago, Illinois 60611

Phone: 312-664-1700

**Parking \$12: Next door at Best Car Park, 100 East Walton
Condominium parking (phone: 312-988-4693). 3% charge for
credit card payment. AACIO will reimburse parking fee.**

PROGRAM

5:30 – 6:00 pm Registration and Appetizers

Symposium Directors: Drs. Rakesh K. Sharma, Kul Aggarwal, Radhika Chimata, Harvinder Dod, Vishal Gupta, Jagadeesh Kalavakunta, Santhosh K.G. Koshy, Gopal Lalimalani, Vemuri Murthy, Navin C. Nanda, Hanumanth Reddy, Debasish Roychoudhury and Samir Shah

6:00 – 6:45 p.m. **AstraZeneca** AstraZeneca Pharmaceuticals, LP,
Presentation: Hereditary ATTR: Etiology, Epidemiology and
Clinical Manifestations. John Venditto, MD, MBS, FACC

6:45 – 7:00 p.m. Discussion and questions from the audience

7:00 – 7:25 p.m. Does adopting Western LDL-C targets expose Asian Indians
to higher cardiovascular risk? Expert opinion from the Lipid
Association of India – Prof. Raman Puri, Dr. Vinod Vijan (Co-
Chair: Dr. Rashmi Nanda).

7:25 – 7:30 p.m. Questions from the audience

7:30 – 8:00 p.m. AACIO Honorees, Celebrities, and Young Investigator
Awards. Acknowledgements: Drs. Rakesh K. Sharma and
Navin C. Nanda

8:00 – 10:00 p.m. Dinner Indian Cuisine and Entertainment and Bollywood
Songs by Dr. Radhika Chimata and her Group

10:00 p.m. Closure

Reservations: E-mail: aacio123@gmail.com

SYMPOSIUM DIRECTORS AND FACULTY

Kul Aggarwal, MD, MRCP (UK), Professor of Clinical Medicine, University of Missouri, Columbia, Missouri

Radhika Chimata, MD, MA, President, Indian American Medical Association, IL Chapter; Medical Director, Gateway Foundation, Aurora, Illinois; Psychiatrist, Chicago Behavioral Hospital, Des Plaines, Illinois; Faculty, Loretto Hospital Psychiatry Residency Program

Harvinder Dod, MD, Adjunct Professor, University of Arkansas Medical Sciences, Little Rock, Arkansas and Director of South Arkansas Cardiology, El Dorado, Arkansas

Vishal Gupta, MD, MPH, FACC, FSCAI, Clinical Professor of Medicine, WMU Homer Stryker MD School of Medicine, Chief of Medicine, Ascension Borgess Medical Center, Co-Chair, Borgess Heart Institute, Medical Director, Ascension Borgess Cardiovascular Lab and Medical Director, Structural Heart Disease, Kalamazoo, Michigan

Jagadeesh Kalavakunta, MD, FACC, FSCAI, Clinical Associate Professor, Michigan State University and Western Michigan University Homer Stryker M.D. School of Medicine and Interventional Cardiologist, Ascension Borgess Medical Center, Kalamazoo, Michigan

Santhosh K.G. Koshy, MD, DM, MA, MBA, FRCP (London), FACC, FSCAI, FSSCI, Chairman, Department of Medicine, Professor of Medicine, Western Michigan University Homer Stryker MD School of Medicine, Kalamazoo, Michigan

Gopal Lalimalani, MD, MBA, FACC, Director of Cardiology, Loretto Hospital, Chicago, Illinois; Attending Cardiologist, Holy Cross Hospital, Chicago, Illinois. Three-term Mayor of Oak Brook, Illinois

Vemuri S. Murthy, MD, MS, FAHA, FICS, Associate Professor (Adjunct), Department of Emergency Medicine, University of Illinois College of Medicine, Chicago, Illinois

Navin C. Nanda, MD, DSc (Hon), Distinguished Professor of Medicine and Cardiovascular Disease, University of Alabama at Birmingham, Birmingham, Alabama. President, International Society of Cardiovascular Ultrasound

Rashmi Nanda, MD, Secretary, Lipid Association of India, Consultant Physician and Lipidologist, Indrapuram, Uttar Pradesh, India

Raman Puri, MD, DM, President, Lipid Association of India, Senior Interventional Cardiologist, Indraprastha Apollo Hospital, Delhi, India

Hanumanth Reddy, MD, Clinical Professor of Medicine, St. Louis University Medical School, St. Louis, Missouri, and Medical Director, Poplar Bluff Regional Hospital, Poplar Bluff, Missouri

Debasish Roychoudhury, MD, Clinical Associate Professor of Medicine, Weill Cornell Medicine and Attending Cardiologist. NYP Queens, New York

Samir K. Shah, MD, FACC, Cardiologist, BJC Medical Group, Washington University Medical School, Belleville, Illinois. Board of Directors, IAMA-Charity Foundation

Rakesh K. Sharma, MD, Interventional Cardiologist, BayCare Medical Group, Clearwater, Florida; Adjunct Clinical Professor of Medicine and Cardiology

John Venditto, MD, MBA, FACC, US Medical Head - Thrombosis, Executive Medical Director, Bio Pharmaceuticals Medical Unit, AstraZeneca Pharmaceuticals, LP, Wilmington, Delaware

Vinod Vijan, MD, DM, CEO, Vijan Hospital, Nashik Maharashtra, India and Uniqare Hospital, Pune, Maharashtra, India



President's Message AHA 2024



I am deeply honored to serve as your president and grateful for the trust you have placed in me. I would like to extend my sincere appreciation to our founding president, Dr. Navin C. Nanda, all past presidents, and our current board of directors.

The American Association of Cardiologists of Indian Origin (AACIO) is one of the largest organizations representing cardiologists of Indian origin in the USA. Founded in 1986, AACIO is committed to promoting the highest standards of academic excellence in clinical practice in cardiovascular medicine through educational, social, and scientific activities.

AACIO conducts two semiannual meetings in collaboration with local Indian medical societies at ACC and AHA scientific sessions. These meetings feature cutting-edge lectures by renowned professionals in the cardiovascular field. We also showcase excellent presentations from young investigators and award three young investigators for their original research with a certificate and a \$1,000 check. To date, AACIO has recognized 90 Young Investigators (YIA). <https://aacio.org/ListofPriorAwardees>

At our recent AACIO meeting at ACC Atlanta, the executive committee and board members unanimously agreed to offer life membership at a nominal fee of \$50 for a limited time to maximize life membership. The strength and vitality of AACIO depend on its membership base, making this initiative crucial. I urge you to become a life member by logging in at the following <https://aacio.org/>

A key initiative this year is to foster a strong relationship with the American College of Cardiology (ACC) and recognize select cardiologists of Indian origin for their significant contributions to cardiology. ACC recognizes excellence in leadership in cardiology through its Distinguished Awards Program. One of the award programs; the International Service Award which acknowledges individuals who have significantly contributed to ACC's global footprint and the cardiovascular profession. AACIO is collaborating to be part of such programs.

Other AACIO initiatives include supporting regional small meetings organized by AACIO members across various cardiology disciplines. We will keep you informed about our future initiatives and meetings.

The AACIO Executive Committee and Board Members cordially invite you to join us for our upcoming biannual event at AHA 24 in Chicago.

Event Details:

- **Date:** Sunday, November 17, 2024
- **Time:** 5:00 p.m. – 10:00 p.m.
- **Location:** Gaylord Fine Indian Cuisine Restaurant, 100 East Walton Street, Chicago

We look forward to welcoming you!

Please RSVP at <https://aacio.org/Seminar/Register?EventId=181>. Or may RSVP at aacio123@gmail.com.

Best regards,

Rakesh K. Sharma, MD, FACC, FSCAI, FSCCT
President, AACIO
www.aacio.org



AACIO Newsletter Editor's Column



Dear All

As we welcome Autumn which is a "second spring when every leaf is a flower" we look forward to our semi-annual AACIO meeting to be held in Chicago

I am proud to announce that we have redesigned our website under the leadership of our incoming President Dr Sharma and wise guidance of our founding President Dr

Nanda.

This website has lot more features including scientific statements from ACC and AHA as well as other organizations involved with cardiovascular care. It is very easy to use, and you can now become members using this website. I highly encourage you all to browse the new website AACIO.Org at your leisure to get to know your organization

I encourage you all to submit items of interest to me. Once I receive them, I will have it published subject to approval of AACIO Executive Committee

Please join us in the upcoming meeting for an evening of fun, learning, great food, music and over and above all to get to know each other in the finest way of networking with your colleagues.

Debasish Roychoudhury, MD, FACC, FASE

Past AACIO President

Current Treasurer

Editor, AACIO Newsletter

Email address: roychoudhury03@gmail.com

AACIO HONOREES



Dr. Sanjay Bindra MD is a highly respected cardiac electrophysiologist in Bay Area, California with over 25 years of experience in cardiology. Born in Mumbai, India, Dr. Bindra earned his medical degree from Seth G.S. Medical College and King Edward Memorial Hospital; he continued his medical training in the United States, completing his residency and fellowships at the University of Southern California (USC) and the University of Wisconsin, Milwaukee Clinical Campus. Under the mentorship of Dr. Masood Akhtar, Dr. Bindra specialized in cardiac electrophysiology, honing his expertise in diagnosing and treating complex arrhythmias.

In addition to his clinical expertise, Dr. Bindra has made significant contributions to medical education as a former Assistant Clinical Professor at UCLA. He has mentored numerous medical trainees. He is an active member of the ABIM Cardiovascular Disease LKA Item-Writing Task Force, contributing to the creation of high-quality assessment tools for cardiovascular medicine.

Beyond his clinical and academic roles, Dr. Bindra co-founded GOSUMEC Foundation USA, a nonprofit organization supporting need- and merit-based scholarships for medical students at his alma mater. His efforts have helped unite the global alumni community to support professional education in medicine, occupational therapy, physical therapy, and medical technology. Through this initiative, Dr. Bindra has fostered a culture of giving back and created a lasting impact on students, families, and communities. AACIO is very proud to honor Dr. Sanjay Bindra for his outstanding career and achievements.



Dr. Partho P. Sengupta, MD, MBBS, FACC is the Henry Rutgers Professor and the Chief of Division of Cardiology at Rutgers Robert Wood Johnson Medical School and the Robert Wood Johnson University Hospital. Dr Sengupta did his medical graduation from the Government Medical College, Nagpur, and DM in Cardiology from the All India Institute of Medical Sciences, New Delhi, India. Thereafter he completed his clinical residency and cardiology fellowship from Mayo Clinic, Rochester and Arizona in 2007 and 2010 respectively. He has over 300 peer-reviewed publications. He is an Associate Editor for the Journal of American College of Cardiology for Cardiovascular Imaging, has served as a Board of Director for the American Society of Echocardiography (ASE) and as the Chair of the ASE Telehealth and New Technology Taskforce. Prior to his role at Rutgers, he served as Abnash C Jain Chair and Professor of Cardiology, Chief of Division of Cardiology and Director of Cardiac Imaging at West Virginia University, Morgantown.

He has won several excellence awards with the most recent being the 2023 distinguished Gifted Educator Award from the American College of Cardiology (ACC). Other significant awards include the ASE's Rich Popp Award for Excellence in Teaching in 2020, the AACIO Young Investigator Award in 2010, Mayo Brother's Distinguished Fellowship Award in 2009, Mayo Clinic Research Award in 2007, ASE's Young Investigator Award in 2004, among others.

With his futuristic ideas, investigative skills and international work, Dr. Sengupta is widely acclaimed by major media outlets. He delivered ASE's first-ever presentation using hologram technology at the ASE's 24th Annual Scientific Sessions in 2018. He was nominated by the American Medical Association for the "Inspiration in Medicine" talk, 2017. In 2016, he was invited as stage speaker for TEDMED where he presented on "Using Holography to Reshape Cardiology". He also received the ASE's 14th Feigenbaum Lectureship for his significant contributions to echocardiography research in 2013. AACIO is very proud to honor Dr. Partho Sengupta for his most outstanding achievements in the field of Cardiology.



AACIO Young Investigator Award – November 2024

DR. KRISHNA RAMASWAMY AWARD



Geographical Disparities in Age-Adjusted Mortality Rates (AAMR) related to Ischemic Heart Disease among Patients with Substance Use Disorder in the United States: Insights from the CDC-WONDER Database, 1999-2020

FNU Parul, MD¹, Hitesh Bhatia, MD², Anubhav Sood, MD³, Vishal Gupta, MD⁴

1. Resident, Internal Medicine, University of Michigan Health- Sparrow Hospital/Michigan State University Program, Lansing, MI
2. Resident, Internal Medicine, Guthrie/Robert Packer Hospital, Sayre, PA
3. Research Intern, Interventional Cardiology, Ascension Borgess Hospital, Kalamazoo, MI
4. Associate Director, Interventional Cardiology Fellowship, Ascension Borgess Hospital, Kalamazoo, MI

DR. MADHUKAR DESHMUKH AWARD



Differences in Statin Eligibility with the Use of PREVENT versus Pooled Cohort Equations in the UK Biobank

Jasninder S. Dhaliwal, MD¹, Mokshad Gaonkar, MS¹, Nirav Patel, MD, MSPH¹, Naman S. Shetty, MD^{2,3}, Peng Li, PhD⁴, Rajat Kalra, MBChB⁵, Garima Arora, MD¹, Pankaj Arora, MD^{1,6}

1. Division of Cardiovascular Disease, University of Alabama at Birmingham, Birmingham, AL
2. Department of Anesthesia, Critical Care and Pain Medicine, Massachusetts General Hospital, Boston, MA
3. Harvard Medical School, Boston, MA
4. School of Nursing, University of Alabama at Birmingham, Birmingham, AL
5. Cardiovascular Division, University of Minnesota, Minneapolis, MN, United States.
6. Section of Cardiology, Birmingham Veterans Affairs Medical Center, Birmingham, AL



Disparities in Diabetes-related Outcomes in Prostate Cancer Patients - Role of Social Determinants of Health and Race

Priyanshu Nain MD^{1,2}; Omar M Makram MD MPH^{2,3}; Viraj Shah MBBS²; Harikrishnan Hyma Kunhiraman MD²; Nickolas Stabellini MD⁴; Biplab Datta PhD⁵; Stephanie Jiang BS³; Vraj Patel BS³; Lakshya Seth BS³; Aditya Bhawe BA³; Sarah A Malik MD³; Yan Gong PhD⁶; Michael G. Fradley MD⁷; Darryl Leong MD⁸; Ryan A. Harris PhD⁵; Yi-Hsn Hung MD⁹; Austin Yen-Hung Lin MD, PhD⁹; Neal L. Weintraub MD^{2,3}; Avirup Guha MD MPH^{2,3}

1. Department of Internal Medicine, Adevthealth Redmond, Rome, GA, United States.
2. Cardio-Oncology Program, Medical College of Georgia at Augusta University, Augusta, GA, United States.
3. Department of Medicine, Medical College of Georgia at Augusta University, Augusta, GA, United States.
4. Case Western Reserve University School of Medicine, Case Western Reserve University, Cleveland, OH, United States.
5. Institute of Public and Preventive Health, Augusta University, Augusta, GA, United States.
6. University of Florida, Pharmacy, Gainesville, United States.
7. University of Pennsylvania, Philadelphia, United States.
8. Population Health Research Institute, Hamilton, Canada
9. Department of Internal Medicine, Division of Cardiology, National Taiwan University Hospital, Taipei, Taiwan

MORE HONORS FOR DR. NAVIN NANDA



1. Dr. Navin Nanda, MD, DSc(Hon) organized and directed a highly successful 36th International Conference on Echocardiography and Allied Techniques on April 5, 2024 in Atlanta, Georgia (one day prior to the American College of Cardiology annual meeting) where over 55 faculty from many countries around the world presented over 55 interesting cases.
2. Navin C. Nanda, M.D, DSc(Hon) served as an Editor-in-Chief of the book "Advances and Revolution in Heart Failure: A Textbook of Cardiology" which focuses on the latest advances in the diagnosis and management of heart failure

WORLD CONGRESSES OF ECHOCARDIOGRAPHY under the auspices of INTERNATIONAL SOCIETY OF CARDIOVASCULAR ULTRASOUND

XXX World Congress of Echocardiography and Allied Techniques will be held May 30-June 1, 2025 in Istanbul, Turkey at the Polat Renaissance Hotel, Istanbul, Turkey. Prof. Sibel Catirli Enar, MD will serve as the President of the Congress and Prof. Ozlem Batukan Esen, MD as the Vice President. Co-organizers: Prof. Nurgul Keser and Prof. Tugba Kemaloglu Öz

XXXI World Congress of Echocardiography and Allied Techniques will be held in 2026 in Abu Dhabi, United Arab Emirates. Prof. Galal Elkilany will serve as the Congress President.

Dr. Navin C. Nanda is International President for all the above World Congresses