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# American Association of Cardiologists of Indian Origin



*President: Sukh Dev Sharma MD, FACC*

*CME Meeting  
Jefferson Ballroom  
at  
Hilton Riverside  
New Orleans*

*Sunday, March 7, 2004, 6PM*

**During ACC Convention**

Registration form on page 6.

**[www.AACIO.org](http://www.AACIO.org)**

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# Message from the President of AACIO

Sukh Dev Sharma, MD. FACC



While the frigid, wintry winds are still knocking at our doors and white flakes are descending down from the skies, it is indeed heart warming to plan our forthcoming AACIO meeting in the beautiful warm and sunny New Orleans. My cardiologist friends, It is my pleasure to invite you to our bi-annual CME- Dinner meeting during the ACC convention, on **Sunday, March 7, 2004 at the Hilton Riverside, New Orleans.**

We have planned an outstanding CME program followed by a delectable Indian cuisine and entertainment by the melodious singer Sridevi and her group from Houston. I would like all of you to come and share this evening of education and fun. Your participation strengthens your organization. Please don't forget to bring along a new prospective member with you. At the last AACIO meeting in Orlando in November 2003, more than 100 members participated this joyful event.

Our AACIO website is complete now. We have also posted on our website a request for any changes in your address and a reminder for the annual membership dues. I would urge all of you to respond. We will thus be able to update our directory regularly.

At this time I would like to thank my executive committee, Drs. Dayan Naik, Rajat Sanyal and Debashish Roychoudhury for their help during the past years. I also want to thank all the board members for their support. Dr. Naik has done a remarkable job in editing our newsletter. He voluntarily and graciously filled in the vacuum left behind by late Dr. Deshmukh, the editor of our newsletter for many years. Witnessing their commitment, dedication and enthusiasm, I am confident that this organization will continue to progress and grow. My special thanks go to Drs. Raja Dhurandhar and Mandeep Mehra for their help in arranging this meeting in New Orleans. Dr. Nanda's continued guidance and support is greatly appreciated.

## AACIO Minutes

Following members were present at the meeting:

Drs. Sukhdev Sharma, Rakesh Sharma, Navin C. Nanda, Dayan Naik, Suresh Jain, Gopal Lalimalani and Debashish Roychoudhury

- (1) AACIO-ABC joint research initiative was applauded and more such joint endeavours in future to be planned in future joint AACIO-ABC meetings
- (2) **Web page for AACIO is up and running as [www.AACIO.org](http://www.AACIO.org). Decision was made to continue our efforts to develop our website even further so that in future our homepage can serve as a single platform where members can visit all our current activities, register for our scientific meetings twice a year, can renew their membership online, can update their home, office and E-mail addresses, can view our newsletter online and last but not the least can communicate with executive committee members via E-mail. Very soon members would be able to pay their membership dues on line.**
- (3) Rick Miller to assume responsibility for AACIO database update and maintenance, Newsletter mailing, sending membership renewal notices and will work with executive committee members as AACIO website consultant
- (4) Paid membership is extremely important and membership dues collection drive has to be initiated actively.
- (5) Fund raising should be topmost priority for all officiate members



# Editor and Incoming President's Report:

Dayan Naik, MD, FACC

Dear Friends:

I would like to thank Dr. Sukh Dev Sharma, current president of AACIO for his outstanding services, and for his contribution to the growth of this organization. At his and Dr. Navin Nanda's request I took the responsibility of publishing this AACIO Newsletter after the untimely passing of Dr. Deshmukh. As this organization grows we will be publishing newsletters more frequently, and I invite you to contribute and appreciate any feedback regarding the activities of this organization.

With great hope and zeal, I would like to raise this 22 year old organization to a higher level. AACIO represents nearly 4,000 cardiologists and cardiology fellows of Indian origin. We should all work together to change the course of this organization by increasing our scope and visibility. We need to encourage the second generation to participate actively in our endeavors. I would work with all executive officers and the Board of Directors to work cohesively to achieve our goals.

In collaboration with the American College of Cardiology and American Heart Association I would like to conduct our First AACIO Scientific Session in New York City in September or early October of this year. I request assistance in planning this meeting, and those who are willing to should contact me as soon as possible.

I also have two main goals for this organization: Clinical Research and Community Service. In order to achieve these goals we need your participation and fundraising. To communicate with me please email me at: [dnaikmd@att.net](mailto:dnaikmd@att.net).



Email: [dnaik.md@att.net](mailto:dnaik.md@att.net)

Tel: 914-723-3322

*Dayan Naik, MD, is a graduate of Karnataka Medical College. He completed his cardiology fellowship at Mount Sinai Hospital, NY and its affiliates. He is currently practicing in Scarsdale, NY, a suburb of NYC and holding the title of Clinical Associate Professor of Medicine in New York Medical College, Valhalla, NY. He was the President of AAPI 2000-01 and currently a member of the Board of Trustees. He served AAPI in various capacities from 1992 to date. Dr. Naik has been awarded the Great Teachers Award. He has been Secretary and Vice President of AACIO since 1998.*

## November 2003

- (6) Dr. Naik promised to raise more funds during his presidency. He proposed establishment of a forum of scientific gatherings with cardiologists of Indian origin. Proposed format was weekend gathering with four breakout sessions on Saturday and small session on Sunday morning. Health issues and medical education and disparities in minority will be the highlight of such meeting. Tentative dates proposed for such meeting was 24,25,26 September. This could serve as a platform for educational grants from various industries and drug companies
- (7) Regarding Indian Society of Interventional Cardiologists Dr Nanda said "we should have unity in diversity" and therefore it was decided that such organization could be made sister organization of AACIO and mention should be made of its affiliation with AACIO
- (8) It was unanimously decided to appoint Lindy Chapman as part time administrative secretary for AACIO with incentive for member recruitment (she will be paid \$10 per regular member recruitment and \$25 per life member recruitment)
- (9) Treasurer's report was applauded by Dr Nanda and others

**Debashish Roychoudhury, MD**  
Treasurer, AACIO  
Co-Editor, AACIO Newsletter



# Awardees: Navin Nanda, Jay Yadav and Keyur Parikh

## Dr. Navin C. Nanda Honored as "Echocardiographer of the Millennium"



Dr. Navin C. Nanda was designated as the Echocardiographer of the Millennium by the Argentinean Society of Cardiology, October 2003. The Award was given to him during the 7th World Congress of Echocardiography and Vascular Ultrasound, October 10-12, 2003 held in Buenos Aires, Argentina in cooperation with XXX Argentine Congress of Cardiology. The Columbian Society of Cardiology also declared him the "Echocardiographer of the Millennium". This was presented to him during the XX Congress of the Colombian Society of Cardiology, November 21-22, 2003 held in Cartagena de Indias, Colombia. Both Awards recognized him for pioneering contributions to the development and expansion of echocardiography.

## Dr. Jay Yadav to be honored by AACIO

It has been decided to honor Jay Yadav, M.D. at the AACIO meeting in March 2004. Dr. Yadav is Director of Vascular Intervention in the Department of Cardiovascular Medicine at the Cleveland Clinic Foundation. He is an interventional cardiologist and neurologist, and has joint appointments in Cardiology, Neurology, and Vascular Medicine. Dr. Yadav did his Internal Medicine and Neurology residencies at Duke University and developed an interest in cerebrovascular intervention while a Chief Resident in Neurology at Duke University. He then completed training in Cardiology and Interventional Cardiology at the University of Alabama at Birmingham. He is recognized nationally and internationally as one of the pioneers and developers of carotid angioplasty and stenting.



Dr. Yadav's areas of research include cerebrovascular intervention and pharmacological and mechanical approaches to emboli prevention in cerebrovascular and coronary intervention. Dr. Yadav's has over 100 publications and one book to his credit. He is the principal investigator or co-principal investigator of multiple interventional trials, including SAPHIRE which is the first randomized trial comparing carotid stenting to carotid endarterectomy and utilizes an emboli protection device. AACIO is proud to honor Dr. Jay Yadav.

## Dr. Keyur Parikh to receive American College of Cardiology 2004 International Service Award



**Keyur Parikh, M.D.**, Director, Cardiac Catheterization Laboratory at Sterling Hospital in Ahmedabad, India has been selected by the International Committee and Board of Trustees of the American College of Cardiology to receive the prestigious 2004 International Service Award for his "commitment to medically developing or underdeveloped countries and for having provided a specific service to enhance cardiovascular care and/or education in these countries". He was chosen because of his dedication to "international causes" and he has been a "role model for others to follow in his footsteps." He will receive this award on March 9, 2004 during the Convocation Ceremony of the College's 53<sup>rd</sup> Annual Scientific Session in New Orleans, Louisiana. Dr. Parikh, who was born in Tanzania, graduated MBBS from Smt. N.H.L. Municipal Medical College in Ahmedabad, India in 1980 and did his

Residency at the University of Southern California Medical Center and a Cardiovascular Fellowship at Kaiser Permanente Medical Center in Los Angeles, California. From 1987 to 1995 he practiced cardiology in Fremont and San Jose in northern California and was a Clinical Faculty Instructor at the Stanford University Medical Center. In 1995, he decided to return to India and set up a thriving practice in Ahmedabad, Gujarat where he is now permanently settled. While in India, he has conducted several CME programs for general physicians as well as teaching courses in interventional cardiology for cardiologists not only in Ahmedabad but also in other parts of the country. He has also actively participated in research projects in interventional cardiology in India and has several publications to his credit.



## Dr. Krishna Ramaswamy and Dr. Madhukar Deshmukh AACIO YOUNG INVESTIGATOR AWARDS

November 2003  
Orlando, Florida



(Left-to-right, Drs. Ramdas Pai, Nirat Beohar, Sukhdev Sharma, Padmini Varadarajan, (unidentified person in background), Navin Nanda and Debasish Roychoudhury

The abstracts of Dr. Nirat Beohar (Feinberg School of Medicine, Northwestern University, Chicago, Illinois) and Dr. Padmini Varadarajan (Division of Cardiology, Loma Linda University Medical Center, Loma Linda, California) were selected for the AACIO Young Investigator Award and were presented at the AACIO Meeting held during the AHA meeting in Orlando, Florida in November 2003. Both received a plaque and a check for \$1000.00. Dr. Beohar received the Dr. Krishna Ramaswamy Young Investigator's Award and presented an abstract on the "The Antirestenotic Effects of a Locally Delivered Caspase Inhibitor in a Balloon Injury Model" and Dr. Varadarajan received the Dr. Madhukar Deshmukh Young Investigator's Award and presented his abstract on "Prognostic Importance of Hemoglobin in Congestive Heart Failure Patients with Normal Ejection Fraction: Results from a Cohort of 1079 Patients".

## High Prevalence of Stroke in Asian Indians Living in this Country

A study published in the January 15, 2004 issue of the American Journal of Cardiology has found a high prevalence of stroke in Asian Indians living in the USA. A total of 1045 Asian Indians living in and around the Atlanta, Georgia metropolitan area were surveyed during religious and social gatherings at Bochasanwasi Shri Akshar Purushottam Swaminarayan Sanstha (BAPS) temple. The overall prevalence of stroke was found to be 2.77% which is much higher than in India where it has ranged from 0.22% to 0.63%. The prevalence rate of stroke was higher in older individuals, approaching 3.5% for those above the age of 45 years and 5.5% for subjects older than 60 years. Stroke was significantly associated with systemic hypertension, diabetes mellitus, coronary artery disease, end-stage renal disease and family history of stroke and myocardial infarction. There was no statistically significant difference in the prevalence of stroke between men and women and no association with hypercholesterolemia or obesity. The authors of the study were Drs. Gurpreet Baweja, Navin C. Nanda, and Rajesh Venkataraman from Birmingham, Alabama and Drs. Naresh Parikh and Vishal Bhatia from Atlanta, Georgia. There is paucity of data regarding the incidence of stroke in overseas Indians and this study is the first attempt to assess its prevalence and associated risk factors in Asian Indians living in the United States. Asian Indian immigrants currently number almost 2 million and are one of the fastest growing ethnic minorities in this country.

### FUTURE CARDIOLOGY/ECHOCARDIOGRAPHY CONFERENCES

**March 6, 2004** 20th Annual International Conference on Recent Advances in Echocardiography. Held just prior to the ACC meetings in New Orleans Hilton Riverside, 2 Poydras Street, New Orleans, Louisiana. Conference Director: Dr. Navin C. Nanda.

**May 7-10, 2004.** VIII World Congress of Echocardiography and Vascular Ultrasound, Antalya, Turkey. Congress President: Prof. Mehmet Ozkan. Congress Secretary: Prof. Serdar Kucukoglu

**September 23-26, 2004.** 17th Annual Conference on 2D, Conventional and Color Doppler Echocardiography. Callaway Gardens Resort, Pine Mountain, Georgia. Conference Director: Dr. Navin C. Nanda. Conference Co-Director: Dr. Robert Copeland

**November 6, 2004.** 14th Annual Conference in Echocardiography: Case Students and Recent Advances in Echocardiography. New Orleans, Louisiana. Conference Director: Dr. Navin C. Nanda. Conference Co-Director: Drs. Julius Gardin, Natesa Pandian and David Sahn.

For further information on any of the above conference please contact Dr. Navin C. Nanda, University of Alabama at Birmingham, Heart Station SW/S102, 619 19th Street South, Birmingham, AL 35249 (phone: 205-934-8256; fax: 205-934-6747; conference email: lindyc@uab.edu; personal email: nanda@uab.edu)

## American Association of Cardiologists of Indian Origin

Invites you to the

### Spring CME-Dinner Meeting

**Sunday, March 7, 2004—in Jefferson Ballroom at the Hilton Riverside, New Orleans.**

4:30—5:30 PM \_\_\_\_\_ Executive Committee Meeting  
6:00—7:00 PM \_\_\_\_\_ Registration and Cocktails  
7:00—7:30 PM \_\_\_\_\_ Welcome and President's Report and installation of new AACIO President: Dayan Naik, MD  
7:30—8:00 PM \_\_\_\_\_ Current concepts in the management of Congestive Cardiac Failure  
Jay Cohn MD, Professor of Medicine, University of Minnesota  
8:00—8:30 PM \_\_\_\_\_ Acute Coronary Syndrome and new strategies in its treatment  
Patrick O'Gara, MD, Associate Professor of Medicine,  
Harvard Medical School  
8:30—9:00 PM \_\_\_\_\_ Awards  
9:00—11:00 PM \_\_\_\_\_ Dinner and Entertainment

#### RSVP

Sukh Dev Sharma, MD., President, AACIO  
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I will attend—Name \_\_\_\_\_

☐ Change of address

Address \_\_\_\_\_

Telephone \_\_\_\_\_ Fax \_\_\_\_\_

Number of guests \_\_\_\_\_

**Please register early by sending this form. There is no Fee**



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