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# American Association of Cardiologist of Indian Origin



***President: Sukh Dev Sharma MD, FACC***

***Vice President and Editor: Dayan Naik, MD, FACC***

***Founding President: Navin Nanda, MD, FACC***

***Fall CME Dinner Meeting in Orlando, FL***

***During AHA Scientific Session in***

***Wyndham Orlando Resort***

***8001 International Drive, Orlando FL***

***409-355-3655***

***Sunday, November 9, 2003, 6PM***

We welcome all the members and fellows of Indian origin  
to attend this CME dinner meeting.

Registration form on page 6.

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Sukh Dev Sharma, MD  
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\*Deceased

## Message from the President of AACIO



Moment by moment the short though beautiful summer this year has slipped away....However just around the corner, I can hear the footsteps of incoming picturesque fall season and that brings us closer to our forthcoming AACIO meeting in Orlando. I am pleased to invite you my cardiologist friends to our bi-annual AACIO dinner-CME meeting during AHA convention on Sunday, November 9, 2003 at the Wyndham Orlando Resort.

Last July some of us had the opportunity to attend the joint meeting with the members of AACIO and the ABC (Association of Black Cardiologists) in Las Vegas. At this meeting it was decided to have a joint research project.... **Assessing Cardiovascular Risk in Ethnic Population in Flushing, NY.** This will be a significant step in our collaborative efforts for further research together.

I am also pleased that our website AACIO.org is now updated. You will be able to access the current activities, member's list and the status of membership of our organization. The website will certainly enhance our visibility and communication. We will continue to improve upon it.

For this meeting in Orlando, we have planned an exquisite educational program followed by a delicious Indian food and entertainment. Come and join us for this fun evening. Your participation and support will strengthen the organization. Bring along a new prospective member for this evening. Membership is the strength of an organization.

I want to thank Dr. Vibhuti Singh for all the help in arranging this meeting in Orlando and Dr. Dayan Naik, for putting this newsletter together. Dr. Nanda's continued guidance and support is greatly appreciated.

Sukh Dev Sharma, MD, FACC

## Editor's Note

Dear Friends,

It is a great pleasure to produce this colorful brochure for American Association of Cardiologists of Indian Origin-AACIO.

This brochure is serving all the Cardiologists and Fellows of Indian origin. Please email me any significant information if you like to be published.

Next publication will be in the month of February 2004 and a section will be devoted for job opportunities for the graduating Fellows.

Will see you in Orlando, Florida.

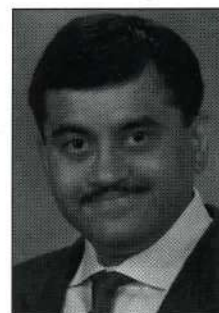
Dayan Naik, MD  
Editor and Vice President

Email: [dnaik.md@att.net](mailto:dnaik.md@att.net)  
Tel: 914-723-3322





***It has been decided to honor Dr. Bijoy Khandheria at the AACIO meeting in November 2003. Dr. Khandheria:***



- Graduated from the Medical College of Baroda, India.
- Consultant in the Division of Cardiovascular Diseases at the Mayo Clinic.
- Professor of Medicine at Mayo Medical School.
- Chair of the Mayo Clinic Information Management and Technology Committee. This committee is charged with facilitating and implementing an electronic environment including telemedicine for the Mayo Clinic. It oversees all information technology projects for Mayo Clinic.
- Member of the Board of the American Society of Echocardiography
- Currently is the Chair of the Vice President of the American Society of Echocardiography.
- Chair of the Echocardiography Committee of the American College of Cardiology.
- Serves as the Associate Editor for the Journal of the American Society of Echocardiography
- Co-chaired the 2003 American College of Cardiology Annual Scientific Sessions in Chicago.
- Chaired the 2001 American Society of Echocardiography Annual Scientific Sessions.
- Recently honored as the Navin Nanda lecturer by the Indian Academy of Echocardiography
- Honorary member of the Thai Heart Association
- Honorary member of the Italian Society of Echocardiography.
- Authored or co-authored over 100 articles in peer-reviewed journals
- Edited two books on echocardiography
- Presented at several national and international meetings/symposiums over the past years.

**YOUNG INVESTIGATOR AWARDEES**

**MARCH 2003**

**CHICAGO, ILLINOIS**

The abstracts of Dr. Dinesh Kalra (Section of Cardiology, Baylor College of Medicine, Houston, Texas) and Dr. Binoy K. Singh (Columbia University St. Luke's Roosevelt Hospital Center, New York, New York) were selected for the AACIO Young Investigator Award and were presented at the AACIO Meeting held during to the ACC meeting in Chicago in March 2003. Both received a plaque and a check for \$1000.00. Dr. Kalra presented an abstract on the "Role of cytokines in determining contractile depression and viability in hibernating myocardium in man" and Dr. Singh presented his on "Contractile reserve by echocardiography is a better predictor of cardiovascular mortality than nuclear viability by SPECT perfusion imaging".



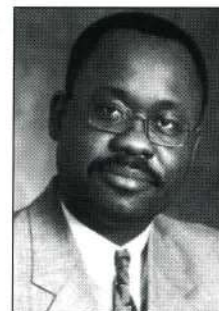
## ABC/AACIO Assessment of Cardiovascular Disease in Ethnic Groups in Flushing, New York (AACEF Study)



Dr. Debasish  
Roychoudhury

A Joint Task Force was formed at the recent combined Consultants meeting of the Association of Black Cardiologists (ABC) and the American Association of Cardiologists of Indian Origin (AACIO). The Task Force was created at this meeting to study coronary artery disease, stroke and associated risk factors in minority communities in this country.

This pilot project will be initiated in Flushing, New York, where a sizeable number of both African American and Asian Indians reside.



Dr. Ola Akinboboye

The Joint ABC-AACIO Task Force will be headed by Navin C. Nanda, MD, founding president of AACIO and Malcolm Taylor, MD, president of ABC. Dr. Zach Zachariah of Ft. Lauderdale, Florida, who is on President Bush's Council on Asian Americans and Pacific Islanders, and Dr. Richard Allen Williams, founder of ABC, will both serve as advisors. The study will be conducted by Dr. Debasish Roychoudhury of AACIO and Dr. Ola Akinboboye of ABC. The coordinator of the Joint Task Force is Ms. Melanie Dowdell of ABC.

The other members of the Joint Task Force are: Drs. Kul Aggarwal (Columbia, Missouri), Boisey Barnes (Washington, DC), Nate Brown (Cleveland, Mississippi), Aubrey Clarke (Valley Cottage, New York), Roy Flood (Washington, DC), Robert Geronemus (Lauderdale Lakes, Florida), Joe Hargrove (Little Rock, Arkansas), Carlos Ince Jr. (Owings Mills, Maryland), Abnash Jain (Morgantown, West Virginia), Suresh Jain (Metairie, Louisiana), Kenneth Jamerson (Ann Arbor, Michigan), Glover Johnson, Jr. (Houston, Texas), Kamal Chander Malhotra (Enid, Oklahoma), Daniel Mascarenhas (Easton, Pennsylvania), Calvin McLarin, Chairman of the Board of ABC (Atlanta, Georgia), Hanumanth Reddy (Columbia, Missouri), Kenneth Shah (Henderson, Nevada), Jerome Spruill (Greensboro, North Carolina), Sylvia Swilley (Los Angeles, California), Paul Underwood (Phoenix, Arizona), Laurence Watkins (Port St. Lucie, Florida), and Curtis Weaver (Orlando, Florida).

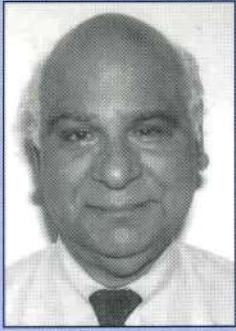
### Minutes of the AACIO Executive Committee and Board of Directors Meeting, held on March 30, 2003 in Chicago, Illinois

The following members of the Executive Committee and the Board of Directors were present: Drs. Sharma, Sanyal, Nanda, Naik, Shah, Deedwania, and Roychoudhury.

1. Dr. Deedwania introduced Nina (affiliated with the organizing committee of ACC) to the Executive Committee members of AACIO.
2. Treasurer's report was submitted by me. Congratulations proposed by Dr. Nanda for a comprehensive and detailed Treasurer's report.
3. Dr. Naik to assume responsibility for raising funds for the pre-AHA AACIO meeting to be held in November 2003 in Florida.
4. Fellowship Award will eventually be increased to five awards. Three finalists will be given plaques only and two will be awarded cash prizes as being done currently.
5. The two cash prizes will be in the names of Dr. Deshmukh and Dr. Ramaswamy.
6. Dr. Naik was congratulated for assuming responsibility for the AACIO Newsletter.
7. Dr. Roychoudhury was appointed as Associate Editor of the AACIO Newsletter.

Dr. Debasish Roychoudhury  
Treasurer, AACIO





## Albert Einstein College Of Medicine Inaugural Medicine/Cardiology Grand Rounds In Honor Of Dr. Madhukar Deshmukh

A Special Medicine/Cardiology Grand Rounds was held on Thursday, May 22, 2003 at the Albert Einstein College of Medicine (Montefiore Medical Center) in New York to honor Dr. Madhukar Deshmukh. The inaugural speaker was Dr. Navin C. Nanda, Professor of Medicine and Director, Heart Station/Echocardiography Laboratories, at the University of Alabama at Birmingham, Birmingham, Alabama. He spoke on "Recent Advances in Echocardiography".

## Dr. Navin C. Nanda Receives the Bridge Award from Association of Black Cardiologists

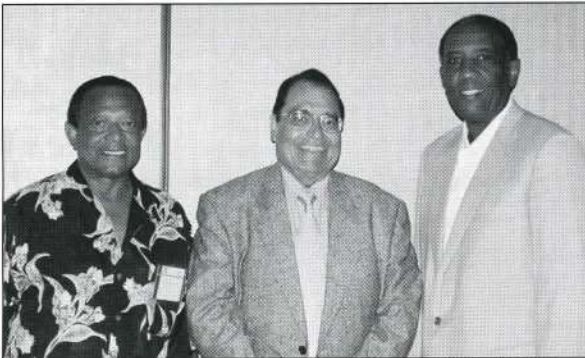


Photo taken at the Bridge Award ceremony. Dr. Richard Williams (left), Founder of ABC, Dr. Navin C. Nanda (center), Dr. Malcolm Taylor (right), current President of ABC.

Dr. Navin C. Nanda was presented the **Bridge Award** by the Association of Black Cardiologists, for "building bridges across cultures, particularly among African American and Indian cardiologists". He recently completed 2 terms on the ABC Board of Directors and was founding President of the American Association of Cardiologists of Indian Origin (AACIO), which was formed in 1986. The award was presented to Dr. Nanda during the combined consultants meeting of the Association of Black Cardiologists (ABC) and the American Association of Cardiologists of Indian Origin (AACIO), which was held on July 12, 2003 in Las Vegas.

Dr. Nanda has spearheaded several scientific meetings between the two associations and has published research on ethnic differences in the severity of aortic atherosclerosis in patients presenting with ischemic stroke. He has also participated in investigating the prevalence of stroke, coronary artery disease, and diabetes in minority communities.

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## FUTURE CARDIOLOGY/ECHOCARDIOGRAPHY CONFERENCES

**November 8, 2003** 13th Annual International Conference in Echocardiography: 1. Case Studies (Read with the experts) and 2. Recent Advances in Echocardiography. Sheraton World Resort Hotel, 10100 International Boulevard, Orlando, Florida. Conference Director: Dr. Navin C. Nanda.

**March 6, 2004** 20th Annual International Conference on Recent Advances in Echocardiography. Held just prior to the ACC meetings in New Orleans, Louisiana. Conference Director: Dr. Navin C. Nanda.

**May 7-10, 2004.** VIII World Congress of Echocardiography and Vascular Ultrasound, Antalya, Turkey. Congress President: Prof. Mehmet Ozkan. Congress Secretary: Prof. Serdar Kucukoglu

For further information on any of the above conference please contact Dr. Navin C. Nanda, University of Alabama at Birmingham, Heart Station SW/S102, 619 19<sup>th</sup> Street South, Birmingham, AL 35249 (phone: 205-934-8256; fax: 205-934-6747; conference email: [lindyc@uab.edu](mailto:lindyc@uab.edu); personal email: [nanda@uab.edu](mailto:nanda@uab.edu))

# American Association of Cardiologists of Indian Origin

Cordially invites you to the  
**Fall Dinner Meeting**

**Sunday, November 9, 2003—at the Wyndham Orlando Resort,  
8001 International Dr., Orlando FL  
407-355-3655**

4:30—5:30 PM ..... Executive Committee Meeting  
6:00—7:00 PM ..... Registration and cocktails  
7:00—7:30 PM ..... Welcome  
7:30—8:15 PM ..... Current strategies in the management of Congestive Cardiac  
Failure.....Jay Cohen MD., FACC.  
Professor of Medicine, Univ. of Minnesota  
8:15—9:00 PM ..... Awards  
9:00 PM ..... Dinner and Entertainment

## RSVP

Sukh Dev Sharma, MD  
President, AACIO  
4914 Tramarlac Lane  
Erie, PA 16505  
Tel. 814-838-7248 Fax. 814-836-1628  
E-mail: [sukhdev01@yahoo.com](mailto:sukhdev01@yahoo.com)

Debasish Roychoudhury, MD  
Treasurer, AACIO  
193-49 Keno Ave.  
Holliswood, NY 11423  
H: 718-479-5720 Fax: 718-670-2859  
E-mail: [roych03@aol.com](mailto:roych03@aol.com)

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I will attend-name\_\_\_\_\_

Number of guests\_\_\_\_\_

Change of address, Tel, Fax\_\_\_\_\_

Please register early and promptly. THERE IS NO FEE.



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