

American Association of Cardiologist of Indian Origin



***Established in 1982. AACIO Represents 4000 Indian
Cardiologists Including Fellows in USA
It is also a member of AAPI.***

***President: Sukh Dev Sharma MD, FACC
Vice President and Editor: Dayan Naik, MD, FACC
Founding President: Navin Nanda, MD, FACC***

***Spring CME Dinner Meeting in Chicago
During ACC Scientific Session at
Hyatt McCormick Place***

on

Sunday, March 30, 2003, 6:30PM

We welcome all the members and fellows of Indian origin
to attend this CME dinner meeting.
Registration form on page 6.

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*Deceased

Message from the President of AACIO

Cold, winter days are finally receding and our AACIO, spring meeting is just around the corner. I am pleased to invite you, all of my cardiologists friends to this bi-annual meeting on March 30, 2003 at the Hyatt McCormick Place in Chicago during the annual ACC convention.

Those of you who attended the last November, 2002 AACIO meeting in Chicago, would agree with me that it was a very enjoyable as well as an informative meeting. During scientific session the speakers discussed the current concepts and management of common clinical problems of hypertension and coronary artery disease. The sumptuous array of Indian food was delectable and on the entertainment front, the magician kept us spell-bound with his many tricks.

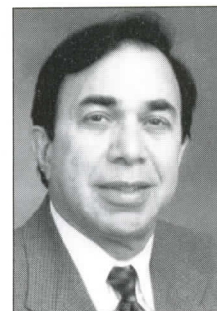
We need to continue our endeavors to increase our membership. This year make it your responsibility to invite one more new member to join hands with us. A new and updated AACIO Directory is nearly complete. The new and current members should contact Lindy Chapman at 205-934-8256 to add or make changes in the addresses.

We, all are deeply saddened by the sudden death of Dr. Madhukar M. Deshmukh on January 21, 2003, one of our founding member and past President of AACIO. He was our beloved mentor, guide, an excellent physician and a long time devoted editor of our newsletter. He will be dearly missed. Our prayers and condolences are with his family at this great time of sorrow.

For this spring meeting, we have arranged an excellent educational program, a sumptuous dinner and an evening of delightful Indian music. I look forward to seeing you all at this meeting. It really does take a "village". Your participation and continued support will strengthen this organization.

In closing, I want to thank Dr. Navin Nanda for his guidance, Dr. Gopal Lalimalani for all the help in arranging this meeting in Chicago and Dr. Dayan Naik, editor of this newsletter.

Sukh Dev Sharma, MD, FACC



Editor's Note

Tribute to Madhu; and assuming Editorship

It is very hard for me to express my sorrows with the death of our dear friend Dr. Madhukar Deshmukh who lived a couple of miles away from my home.

During the funeral services, everyone said that he was not only a great cardiologist but also a great teacher and a human being.

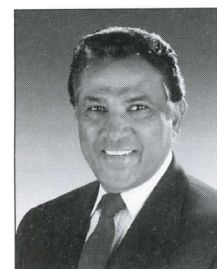
Madhu has left a great deal of sweet memories with us. This newsletter was his personal endeavor and I have taken the responsibility to complete his dreams and bring the AACIO messages to all of you in a timely fashion.

I request every one of you to express your opinion and send the material that is fit to print through e-mail. A job opportunity column, to help our newly graduating fellows will appear in future publications.

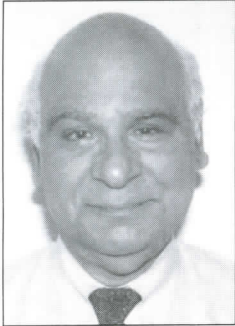
My sincere thanks go to Dr. Nanda and Dr. Sharma for their confidence in my services to AACIO.

Dayan Naik, MD, FACC

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IN MEMORIUM MADHUKAR M. DESHMUKH (1929 - 2003)



The death occurred on January 21, 2003, of Dr. Madhukar M. Deshmukh, following a stroke sustained nine days earlier. Dr. Deshmukh had served the A.A.C.I.O. as Editor of its newsletter for the past several years and had been active in the Association in various roles, including that of its President, since its inception about a quarter of a century ago. As member of the Executive Committee, he provided stability and solid guidance to younger members with wise advice and prudent counsel.

Madhukar had ably and meticulously shouldered the burden of editorial duties of the A.A.C.I.O. Newsletter, which are more onerous than might be surmised considering the small size of the publication. As a regular contributor to the Newsletter, I was in touch with Madhukar frequently and have been grateful for his unfailing courtesy, appreciation and interest in the material sent to him.

Dr. Deshmukh obtained his B.S. and M.B.B.S. degrees in 1950 and 1955 respectively, both from the University of Nagpur, India. He proceeded to the U.S.A. in 1956 and did a Cardiology Fellowship at the Hahnemann Medical College Hospital, Philadelphia (1957-59). His next move was to the U. K. where he did senior house officer posts and passed the M.R.C.P. (Edinburgh) in 1961. He then returned to India and was

Assistant Honorary Physician at the KEM Hospital and Assistant Professor of Medicine, cardiologist to the Cardiothoracic Surgical team headed by Professor P. K. Sen. Here Madhukar met his wife Sheila who was a radiology member of the team. After five years at KEM Hospital, Madhukar and Sheila headed west to Hammersmith Hospital, London and then Michael Reese Hospital in Chicago, to pursue a special interest in congenital heart disease.

Back to the U.S.A., Madhukar worked at the St. Barnabas Hospital, Bronx, New York as Director of the Intensive care unit (1971-1982) and he was chief of Cardiology (1980-1983). From 1983 to 2000 he was consultant in Internal Medicine and Cardiology, Health Insurance Plan of New York. In 2000 he returned to academic cardiology with a faculty appointment at Montefiore Medical Center and Albert Einstein College of Medicine, N.Y. He loved teaching housestaff and students and did it very well.

Dr. Deshmukh had boards in Internal Medicine, Cardiology and Critical Care. He was a member of numerous medical societies. Besides the Fellowships of the American College of Cardiology, the Royal College of Physicians of Edinburgh, the American College of Chest Physicians and Council on Geriatric Cardiology, he was a member of the Clinical Council of the American Heart Association, the Heart Failure Society, the Critical Care Society of North America and the American Society of Echocardiography. He was a recipient of the C. L. Jhaveri Prize of the Bombay branch of the Indian Medical Association.

Madhukar was a man of considerable intellect and wide culture, with a broad knowledge of English and Indian literature and a deep fondness for Indian as well as Western classical music. His patients, his present and past colleagues have spoken very highly of his professional abilities, his proficiency as a teacher of clinical cardiology, and warm human qualities that endeared him to all who came to know him well. He was a thorough gentleman and a fine physician in every sense of those words. He is mourned by his wife Dr. Sheila, his son Dr. Ravi a general and vascular surgeon in Chicago, his daughter-in-law Beena and his granddaughters, Mika and Priya.

One of his patients commented "Dr. Deshmukh was not only a fantastic cardiologist, but he was a wonderful human being. He had the right specialty, he had a heart. I cannot express in words how wonderful this man made a patient feel. After leaving his office you felt like you just left a very good friend."

Madhukar will be missed by all the membership of the AACIO, but the loss will be felt most sharply by us, the seniors of the Association, who shall no longer have his genial yet thoughtful presence beside us at future meetings, who can no longer pick up the phone to ask Madhu what he thinks of some current issue.

Ivan A. D'Cruz, M.D., F.R.C.P.

Minutes of last AACIO meeting

The following are the minutes of the AACIO Executive Committee and Board of Directors meeting held on November 17, 2002 at the Hyatt Regency-McCormick Place, Chicago.

The following Executive Committee and Board of Directors were present at the meeting: Drs. Sharma, Mudumbi, Lalimalani, Deshmukh, Naik, Dhurandhar, Jain, Deedwania, Nanda and Roychoudhury.

1. PMI communications (President Rick Miller) to be contracted to have AACIO database, sending membership renewal notices to all members on a yearly basis, update database continuously with necessary address changes, etc., continue to send newsletters as before. Newsletter printing and organizing is still going to be Dr. Deshmukh's responsibility.
2. AACIO.com to be changed to AACIO.org.
3. Any non-operational expenses exceeding \$1000 have to be authorized by the Board of Directors.
4. AACIO Executive Committee has decided to undertake membership drive. Dr. Mudumbi to provide the list of life members. All members vowed to take active efforts to recruit members. Dr. Jain will identify abstract presenters of Indian origin at national meetings for membership. Dr. Dhurandhar to take care of member recruitment locally in New Orleans, Dr. Vijay Kumar in Chicago, and Dr. Dhabe in north Indiana.
5. Residents and Fellows are not required to pay any membership dues.
6. President, Vice-President, Drs. Deedwania, Lalimalani, and Venkataram to take active role in raising funds.
7. Dr. Deedwania to send to Dr. Nanda, suggestions regarding the selection criteria for AACIO Young Investigator Award.

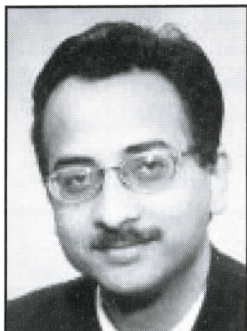
Debashish Roychoudhury, MD – AACIO Treasurer

YOUNG INVESTIGATOR AWARDEES

NOVEMBER 2002 - CHICAGO, ILLINOIS

Both Dr. Gurpreet Baweja and Dr. Hitinder S. Gurm's abstracts were selected for the AACIO Young Investigator Award and were presented at the AACIO Meeting held during the AHA meeting in Chicago in November 2002. Both received a plaque and a check for \$1000.00.

Gurpreet Baweja, M.D.



Dr. Baweja received his MBBS degree in 1993 from King Georges' Medical College, Lucknow, which is one of the premier medical schools in India. He was always among the top students in his class and was selected as an Internal Medicine resident at Post Graduate Institute of Medical Education and Research, Chandigarh, one of the most prestigious medical training programs in India. Subsequently, he came to

United States and did Internal Medicine residency training at SUNY-HSC at Brooklyn from 1995-1998. He maintained a high level of academic excellence and scored among top 10 percent of all candidates for the American Board of Internal Medicine certification exam. After finishing residency, Dr Baweja practiced Internal Medicine for three years in a medically underserved rural community in Georgia as part of his J-1 visa waiver requirement.

To further his interest in the field of cardiology, Dr Baweja joined as clinical echocardiography fellow under Dr Navin Nanda in the division of cardiovascular diseases at University of Alabama at Birmingham in June 2002. He is currently receiving extensive training in all the aspects of the cardiac ultrasound including TTE, TEE, transpharyngeal echocardiography, stress, contrast, 3-D echo, tissue Doppler imaging and vascular ultrasound. He is involved in research projects on wide range of subjects like 3-D echo,

transpharyngeal echocardiography, brachial artery reactivity and clinical epidemiology. He is the principal author of three research papers and co-author of several others. He is currently pursuing for cardiology fellowship and wish to have an academic career in the field of cardiovascular imaging.

Hitinder S. Gurm, M.B.B.S.



Hitinder S Gurm was born and brought up in Ludhiana, Punjab. He went to Christian Medical College and graduated in 1992. He subsequently went to UK for further training and after working in Scotland for a year moved to Crewe for a rotational position in internal medicine. He obtained his MRCP in 1995 and moved to USA the following year having realized the futility of chasing professional excellence in the pyramidal

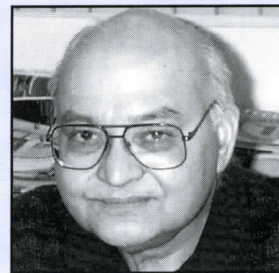
structure of the NHS. He did his residency in Internal medicine at the Cleveland Clinic and was selected to be the chief resident for the year 1999-2000. He subsequently joined the cardiology fellowship at the Cleveland clinic under Dr Topol and is currently in his final year. He will be joining the interventional cardiology fellowship program at the Cleveland Clinic in July 2003. He is actively involved in research with over 12 manuscripts, 25 abstracts, along with book chapters and editorials. He is married to Roopa and has two adorable daughters, Azba (8) and Zoya (4).

AACIO Honors

Dr. Virendra S. Mathur

It has been decided to honor Dr. Virendra Mathur at the AACIO meeting in March 2003. Dr. Mathur:

- Graduated from King George Medical College, Lucknow with Gold Medals in M.B., B.S. & M.D.
- Completed Cardiology training at Harvard and Tufts Medical Colleges [Peter Bent Brigham Hospital and Boston City Hospitals] under Drs. Harold Levine, Lewis Dexter, Richard Gorlin and Joseph Messer.
- Returned to Delhi as a Faculty member at All India Institute of Medical Sciences
- Joined Baylor College of Medicine, Houston in 1971 and after 4 years at V.A. Medical Center moved to Texas Heart Institute.
- Director of Clayton Cardio-Vascular Labs., St. Lukes Hospital for 10 years.
- Authored or Co-authored over 170 publications including First report in the world literature indicating beneficial effects of Coronary Bypass Surgery in a randomized controlled human study & First report indicating benefit of early reperfusion after acute coronary occlusion in awake animals and harmful effects after delayed reperfusion.
- Directly involved in the training of over 300 Cardiologists [clinical, invasive & interventional]
- Voted as the Outstanding teacher and Cardiologist at Texas Heart Institute in 1985 and again in 1990
- Actively involved in the "Transfer of knowledge" helping over 300 Cardiologists and Surgeons in India, Pakistan and several other countries in helping them refresh their knowledge, establishing Cath. Labs. and Cardiac Centers in their cities.
- Received more than 25 awards in recognition of above
- Recipient of one of the first 11 "HIND RATTAN" awards in 1989-1990 as an N.R.I.
- Very active in Community Affairs in Houston and Texas.
- Currently working at Baylor College of Medicine, St. Lukes Episcopal Hospital & Texas Heart Institute, Houston.
- Most cherished activity is teaching students, residents, fellows & associates and management of patients. Besides treating local patients, actively involved in the management of patients with complex problems from out of state and out of country.



**TANUJA DESAI HIDIER
RECOGNIZED FOR HER FIRST NOVEL,
"BORN CONFUSED"**



Tanuja Desai Hidier has received rave reviews for her first novel, "Born Confused" (Scholastic Press; October 2002). The book was also recently selected as a Larry King/CNN.com pick of the week. Larry King said she is "a terrific new voice". She is the daughter of Drs. Dhiroo and Shashi Desai of Wilbraham, Massachusetts. Dr. Dhiroo Desai is a cardiologist and senior member of AACIO. Tanuja also has two short films, "The Test" (wrote

and directed) and "The Assimilation Alphabet" (co-wrote and co-directed) dealing with the same themes as her novel. The book is a coming-of-age story with an India-American female protagonist, an aspiring photographer in New Jersey, and is set both there and in New York City, largely in the context of the burgeoning South Asian club scene. The heart of Born Confused is about learning how to bring two cultures together without falling apart yourself in the process.

**ALBERT EINSTEIN COLLEGE OF MEDICINE TO
HONOR DR. MADHUKAR DESHMUKH**

A Special Medicine/Cardiology Grand Rounds will be held on Thursday, May 22, 2003 at the Albert Einstein College of Medicine (Montefiore Medical Center) in New York to honor Dr. Madhukar Deshmukh. The speaker will be Dr. Navin C. Nanda, Professor of Medicine and Director, Heart Station/Echocardiography Laboratories, at the University of Alabama at Birmingham, Birmingham, Alabama.

**FUTURE CARDIOLOGY/ECHOCARDIOGRAPHY
CONFERENCES**

March 29, 2003 19th Annual International Conference on Recent Advances in Echocardiography, Embassy Suites Chicago Downtown Lakefront, 511 North Columbus Drive, Chicago, Illinois. Conference Director: Dr. Navin C. Nanda

September 25-28, 2003 16th Annual Conference on 2D, Conventional and Color Doppler Echocardiography, Callaway Gardens Resort, Pine Mountain, Georgia..Conference Director: Dr. Navin C. Nanda.

October 10-12, 2003. VII World Congress of Echocardiography and Vascular Ultrasound, Buenos Aires, Argentina.. Congress President: Dr. Luis Amuchastegui; Congress General Secretary: Dr. Daniel Pineiro. Congress website: www.sac.org.ar.

November 1, 2003 13th Annual International Conference in Echocardiography: 1. Case Studies (Read with the experts) and 2. Recent Advances in Echocardiography. Orlando, Florida. Conference Director: Dr. Navin C. Nanda.

May 7-10, 2004. VIII World Congress of Echocardiography and Vascular Ultrasound, Antalya, Turkey. Congress

President: Prof. Mehmet Ozkan. Congress Secretary: Prof. Serdar Kucukoglu

For further information on any of the above conference please contact Dr. Navin C. Nanda, University of Alabama at Birmingham, Heart Station SW/S102, 619 19th Street South, Birmingham, AL 35249 (phone: 205-934-8256; fax: 205-934-6747; conference email: lindyc@uab.edu; personal email: nanda@uab.edu)

**SPECIAL MILLENNIUM AWARD TO
NAVIN C. NANDA, M.D.**

Dr. Nanda was presented a **Special Millennium Award** by the Honorable Shatrughan Sinha, Minister of Health and Family Welfare, Government of India "in recognition of his outstanding contributions in the field of cardiovascular diseases", on November 16, 2002 at the Oakbrook Hill Hotel and Resort, Oakbrook, Illinois USA.



**AACIO YOUNG INVESTIGATOR AWARDS
NAMED IN MEMORY OF
DR. KRISHNA RAMASWAMY AND
DR. MADHUKAR DESHMUKH**

It has been decided that the two Young Investigator Awards given twice a year to young investigators at the AACIO meetings in November and March be made one in memory of Dr. Krishna Ramaswamy and the other in memory of Dr. Madhukar Deshmukh, both past Presidents of AACIO. The Awards are given for outstanding research contributions to current cardiology trainees or Assistant Professors who accomplished the work during their training.

HONOREES FROM INDIA

Daljeet S. Gambhir, MD, DM

President of Cardiological Society of India – New Delhi

&

Satish K. Parashar, MD, DM

President, Indian Academy of Echocardiography – New Delhi

Will be honored during CME-Dinner Meeting in Chicago

American Association of Cardiologists of Indian Origin

Cordially invites you to the
Spring Dinner Meeting

PROGRAM & REGISTRATION FORM

Sunday, March 30, 2003—at the Hyatt McCormick Place in Chicago (312-567-1234)

5:00—6:00 PM _____ Executive Committee Meeting
6:30—7:30 PM _____ Registration and cocktails
7:30—7:45 PM _____ Welcome
7:45—8:15 PM _____ Current concepts in the treatment of Congestive Cardiac
Failure.....Mandeep Mehra, MD, FACC, FACP.
Ochsner Clinic – New Orleans, LA
8:15—8:45 PM _____ Update in the Antithrombotic Therapy for Acute Coronary
Syndrome...Deepak Bhatt MD., FACC
Cleveland Clinic, Cleveland, OH
8:45—9:00 PM _____ Awards
9:00 PM _____ Dinner and Entertainment

RSVP

Sukh Dev Sharma, MD, President
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Sponsored by _____ **Scios Inc. and Bristol-Myers Squibb**

I will attend-name _____

Number of guests _____

Change of address, Tel, Fax _____

Please register early and promptly. THERE IS NO FEE.



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