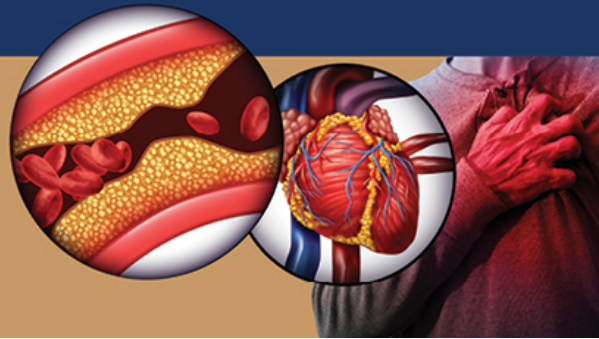


I N C O R P O R A T I N G

New Guidelines to Lower LDL-C and Reduce ASCVD Risk

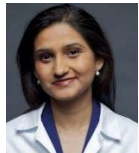


You are cordially invited to attend *Incorporating New Guidelines to Lower LDL-C and Reduce ASCVD Risk*, a CME-certified symposium during the November meeting of the American Association of Cardiologists of Indian Origin (AACIO) at the Hampton Inn Philadelphia Center City-Convention Center in Philadelphia, PA. The activity will provide a review of recent evidence-based recommendations, as well as information about non-statin agents recommended for use when patients are not at LDL-C goal.

Date: Sunday, November 17, 2019
Time: 7:00 – 8:00 PM
Location: Hampton Inn Philadelphia Center City-Convention Center
1301 Race Street
Philadelphia, PA 19107
Ballroom

For full accreditation information visit:
www.rockpointe.com/lipidchapters

PROGRAM FACULTY



Puja K. Mehta, MD, FACC, FAHA
Associate Professor of Medicine (Cardiology)
Emory University School of Medicine
Atlanta, GA

TOPICS INCLUDE:

- Evaluating the Need for Primary Prevention
- Managing LDL-C to Lower ASCVD Risk: Primary and Secondary Prevention

ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Boston University School of Medicine and Rockpointe. Boston University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT DESIGNATION

Boston University School of Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Jointly provided by Boston University School of Medicine and Rockpointe

This activity is supported by educational funding provided by Amgen.



AMERICAN ASSOCIATION OF CARDIOLOGISTS OF INDIAN ORIGIN

November 2019 v1 • Debasish Roychoudhury, M.D., Editor

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**American Association of Cardiologists of Indian Origin (AACIO)
International Society of Cardiovascular Ultrasound (ISCU)
in cooperation with
American Association of Physicians of Indian Origin (AAPI) - East Coast**

TO PRESENT

**SCIENTIFIC PROGRAM and DINNER
INDIAN DINNER CUISINE, entertainment, socializing and networking**

NO FEE FOR PARTICIPANTS. SPOUSES AND GUESTS

Sunday, November 17, 2019, 6:00 p.m. - 10:00 p.m.

Venue: Hampton Inn Center City, 1301 Race Street, Philadelphia,
Pennsylvania 19107. Phone: 215-665-9100. **Room: Ballroom**

PROGRAM

6:00 p.m. Registration and Appetizers

Chairpersons: Drs. Hanumanth Reddy, Navin C. Nanda,
Rakesh Sharma, Devyani Chowdhury, Raj Bhayani

6:00 – 7:00 p.m. Scientific Presentation: Bleeding Issues with Dual Antiplatelet
Therapy, Post Stenting and the Findings of the Twilight Study.

Dr. Narinder “Nani” Bhalla

7:00 - 8:00 p.m. CME Program: Incorporating New Guidelines to Lower LDL-C
and Reduce ASCVD Risk. **Puja K. Mehta, MD, FACC, FAHA**,
Associate Professor of Medicine (Cardiology), Emory
University School of Medicine, Atlanta, Georgia

8:00 - 8:30 p.m. Young Investigator Awards and AACIO Honorees

8:30 - 10:00 p.m. Dinner: Catered by Veda Modern Indian Bistro

**AFTER DINNER ENTERTAINMENT: Enchanting Bollywood music
and songs by the world famous and most sought after Dr. Amit
Chakrabarty, Sadhna and their Geethanjali group.**

10:00 p.m. Adjournment

Reservations: E-mail: aacio123@gmail.com. Phone: Dr. Hanumanth K. Reddy,
(573) 300-9130.

FACULTY

Narinder "Nani" Bhalla, MD, Senior Medical Director, Cardiovascular US Medical Affairs, AstraZeneca, Wilmington, Delaware

Raj Bhayani, MD, holds various leadership positions in the healthcare field and leading hospitals in New York heading the ENT and Facial Plastic Surgery divisions.

Devyani Chowdhury, MD, Pediatric Cardiologist and Director, Cardiology Care for Children, Lancaster, Pennsylvania

Navin C. Nanda, MD, Distinguished Professor of Medicine and Cardiovascular Disease, University of Alabama at Birmingham, Birmingham, Alabama

Puja K. Mehta, MD, FACC, FAHA, Associate Professor of Medicine (Cardiology), Emory University School of Medicine, Atlanta, Georgia

Hanumanth K. Reddy, MD, Clinical Professor of Medicine, St. Louis University Medical School, St. Louis, Missouri, and Medical Director, Poplar Bluff Regional Hospital, Poplar Bluff, Missouri

Rakesh Sharma, MD, Interventional Cardiologist, BayCare Medical Group, Clearwater, Florida; Adjunct Clinical Professor of Cardiology, University of Arkansas for Medical Sciences, Little Rock, Arkansas

President's Column



Dear AACIO Members and Friends:

With great pleasure and excitement, we invite you to our forthcoming semi-annual dinner meeting on Sunday, November 17, 2019 at Hampton Inn Center City, 1301 Race Street, Philadelphia, Pennsylvania 19107, in the Ballroom. This educational meeting starts at 6 PM with a brief core curriculum lecture, followed by a CME presentation. Then, research abstract presentations follow along with an Indian delicious dinner with drinks and an exciting Bollywood music and songs by the world famous entertainer Dr. Amit Chakraborty and his Geetanjali group. This program provides you with ample learning experience and great socializing and networking opportunities with friends, family and novices. I extend my personal gratitude to Drs. Navin Nanda, Rakesh Sharma, Devyani Chowdhury, Sanjay Gupta and Mrs. Chapman for their valuable collaboration in this important meeting. We are also highly grateful to Dr. Debashish Roychoudhury, Dr. Jagdeeshwar Kaluvakunta and Dr. Vishal Gupta for their untiring efforts in maintaining high standards of this newsletter.

We are again grateful to Astra Zeneca, Mr. Raweesh Chaudhary and his distinguished colleagues, for their unconditional support to this educational program.

We thank Ms. Kathleen Whyte and her associates from Rockpointe Corporation for sponsoring an educational CME program on this occasion.

We would expect you to have a great experience in this exciting meeting in Philadelphia. It is quite convenient to attend this meeting because of its close proximity and within short walking distance to the Convention Center. Again my special thanks to Dr. Devyani Chowdhury for playing a critical role in organizing this program.

I extend my personal invitation to each and every one of you to join us in this semi-annual dinner meeting. While there are several other meetings to attend, this meeting provides you with a great opportunity to socialize and network with your friends and colleagues. There is something for everybody in this meeting. There is no fee and you will have easy access to this program.

We are highly grateful to the Distinguished Professor Navin Nanda and Mrs. Lindy Chapman for their precious time in organizing the forthcoming meeting.

Please don't forget to become members of AACIO in order to enhance this important entity and to make a difference in the lives and careers of cardiologists of Indian origin and/or ancestry.

Hanumanth K. Reddy, MD, FACC
President



NOTE FROM EDITOR, AACIO NEWSLETTER. AACIO would like to receive News Items about its members or Short Articles of interest for consideration of publication in the next Newsletter. Please send your items for consideration to Dr. Debasish Roychoudhury, Editor, Email: roychoudhury03@gmail.com

AACIO HONOREES



Raj Bhayani, M.D., is the first ENT surgeon in India who completed training in Neurosurgery and also has a fellowship in Facial Plastic & Micro-vascular Surgery. He holds various leadership positions in the healthcare field and leading hospitals in New York heading the ENT and Facial Plastic Surgery divisions. He was instrumental in organizing Honorable Prime Minister Shri Narendra Modi's historic address to the Indian American community at Madison Square Garden, New York in September 2014. He is also a distinguished guest on popular regional TV shows in USA. Dr. Bhayani is an active member of over 20 communities and associations that are involved in philanthropic activities. Dr. Bhayani has served as the President of New

York region of American Association of Physicians from India (AAPI), Treasurer of national AAPI and was the Convention Chair of the Annual National AAPI Convention in 2017. To help the second generation Indian American community who face difficulties in connecting Hinduism as part of life, Dr Bhayani has been very active and is on Board of Trustees of Hindu Center, New York and is United States Head of Vishwa Dharma Chetana Manch. Dr. Bhayani has received close to 50 awards and scholarships including Mahatma Gandhi Pravasi Sanman Award at House of Lords in London, Bharat Gaurav Puraskar and Delhi Ratan Award, Hind Ratan Award, Asian American Heritage Honoree of the year 2016, New York City as well as State Proclamation Award. He has also been awarded United States Congressional Achievement Award and is also the recipient of the Most Influential Leader in Indian Community in United States recognition award. AACIO is proud to honor Dr. Raj Bhayani.



Devyani Chowdhury, M.D., is Currently the Director of Cardiology Care for Children in Lancaster, Pennsylvania. Dr. Chowdhury's Medical School was the Maulana Azad Medical College University of Delhi and then in 1994, she completed her Pediatric residency and was appointed Chief Resident at North Shore University Hospital/Cornell University Program in Manhasset, NY. She did a three year Fellowship Program in Pediatric Cardiology at the North Shore University Hospital/New York University School of Medicine. Dr. Chowdhury is Board Certified in Pediatrics and Pediatric Cardiology. She earned the rank of Assistant Professor at the Albert Einstein School of Medicine, Bronx, NY and from 2007 to 2011 Associate Professor of Pediatrics at Penn State Children's Hospital in Hershey, PA. She is also a

member on the ACPC (Adult Congenital & Pediatric Cardiology) council of the ACC (American College of Cardiology) and a member of the publications committee of the AAP (American

Academy of Pediatrics). She is currently the co-chair of the Advocacy group at the ACPC section of ACC. She recently completed her Masters In Health care administration from George Washington University.

Dr. Chowdhury has done a lot of work with cost of cardiac surgery and resource utilization with the Amish/Plain community. In addition, her research interests are reflective of the needs of our pediatric population. They include understanding the phenotypic manifestations and treatment of genetic cardiovascular disorders prevalent among regional Amish and Mennonite (Plain) populations. Dr. Chowdhury is engaged with the gene therapy trials in this community. She is also working at a global health platform and is recipient of the Gates Foundation Award for using Fetal Doppler and artificial intelligence to predict adverse perinatal outcomes. She is currently working on several projects to improve care delivery in lower middle income countries using Artificial Intelligence and Machine learning, including developing models for image recognition of congenital heart disease and use of pulse oximetry to predict newborn wellness. AACIO is proud to honor Dr. Chowdhury for her outstanding contributions to pediatric cardiology.



Jay Giri, M.D., MPH, is an Interventional Cardiologist, Director of Peripheral Intervention at the University of Pennsylvania, Director of the Cardiovascular Catheterization Laboratory at the Corporal Michael C. Crescenz VA Medical Center in Philadelphia, Associate Director of the Penn Cardiovascular Outcomes, Quality & Evaluative Research Center, and Senior Fellow at the Leonard Davis Institute for Health Economics. Dr. Giri gained a BA in Economics, a Masters in Public Health, and a Doctorate in Medicine from Northwestern University. He completed a residency in Internal Medicine at Massachusetts General Hospital and proceeded to complete fellowships in cardiovascular diseases, coronary and structural heart intervention, and vascular medicine/intervention at the Hospital of the University of Pennsylvania and Massachusetts General Hospital. His clinical interests include complex coronary artery intervention, venous thromboembolism, and transcatheter aortic valve replacement. He is the author of over 150 original research manuscripts, invited reviews, textbook chapters, and editorials. He has received numerous teaching awards from postgraduate residents and fellows at the University of Pennsylvania Perelman School of Medicine. In 2017, he was selected as one of 12 interventional cardiologists under 10 years in practice worldwide for the Society for Cardiovascular Angiography & Interventions' Early Leader Mentorship Fellowship. He was the recipient of the 2019 Transcatheter Therapeutics (TCT) Thomas J. Linnemeier Spirit of Interventional Cardiology Young Investigator Award, given to one interventional cardiologist worldwide under age 40 for academic and clinical excellence. AACIO is proud to honor him.



Sanjay Gupta, M.D., is a Board Certified Interventional Pain Specialist and is President of the American Pain Association. He is the Director of Mainline Pain Management, part of the Atlantic Pain Institute. Dr. Gupta received his Interventional pain training at Harvard Medical School and has lectured worldwide on medical topics. Dr. Gupta is the co-founder and CEO of Dr Circle.com a leading web portal and social networking website for physicians. He has received several awards including Top Docs Awards, Michiganian of the Year Award and Best resident physician Award. AACIO is

proud to honor Dr. Gupta for his outstanding contributions to the field of medicine.



AACIO Young Investigator Award - November 2019

Dr. Madhukar Deshmukh Award

Preventive/Clinical and Imaging Cardiology



Cardiac Function and Sudden Cardiac Death in Heart Failure with Preserved Ejection Fraction: Insights from the TOPCAT Trial

Kartik Gupta, MD¹, Rajat Kalra, MBChB², Ryan Sheets, MD³, Mike Pate¹, Sudeep Aryal, MD¹, Indranee Rajapreyar, MD¹, Marc G. Cribbs, MD, MS^{1,4}, Oscar Julian Booker, MD¹, Navin C. Nanda, MD¹, Sumanth D. Prabhu, MD¹, Navkaranbir S. Bajaj, MD, MPH^{1,5}. 1. Division of Cardiovascular Disease and Comprehensive Cardiovascular Center, University of Alabama at Birmingham, AL, U.S.A.; 2. Cardiovascular Division, University of Minnesota, Minneapolis, MN, U.S.A.; 3. Department of Medicine, University of Alabama at Birmingham, AL, U.S.A.; 4. Division of Pediatric Cardiology, University of Alabama at Birmingham, AL, U.S.A.; 5. Division of Molecular Imaging and Therapeutics, University of Alabama at Birmingham, AL, USA, University of Alabama at Birmingham, AL, U.S.A.

NEWS ABOUT AACIO MEMBERS - CONGRATULATIONS



Congratulations to Suneet Mittal, MD for his appointment to the Heart Rhythm Society's Board of Trustees. Dr. Mittal is Director, Electrophysiology, Associate Chief of Cardiology, Medical Director, Snyder AF Center and Director, Cardiac Research, Valley Health System, Ridgewood, New Jersey. He also serves on the AACIO Board of Directors

Honors for Dr. Navin Nanda



The Working Group on Echocardiography of the Polish Cardiac Society honored Dr Navin C. Nanda with a Life Time Achievement Award "to a Master and Legend in Echocardiography for pioneering contributions which majorly advanced modern cardiology" The award was given in Lodz, Poland on May 17, 2019 during the XXV World Congress on Echocardiography and Allied Techniques.



Dr. Navin C. Nanda was honored as "Icon of the Century in Cardiology and Echocardiography in the World" by Dr Harsh Vardhan, Government of India Minister of Health and Family Welfare and Prof. Ashutosh Sharma, Secretary, Government of India, Department of Science



and Technology at the World Hypertension Dialogue-2019 held in New Delhi, India on September 28, 2019. He was the only outside cardiologist to receive this honor. The American Association of Cardiologists of Indian Origin (AACIO) and the International Society of Cardiovascular Ultrasound (ISCU) were cosponsors of this meeting.

AACIO MEMBERSHIP - 2020

Please visit the AACIO website, www.aacio.org, to renew your 2020 Membership

ISCU/AACIO CONFERENCE

ECHOCARDIOGRAPHY CONFERENCE

**HOLD THE DATE
MARCH 27, 2020
CHICAGO, ILLINOIS**

MORE INFORMATION WILL BE AVAILABLE SOON

ISCU WORLD CONGRESSES

XXVI World Congress of Echocardiography and Allied Techniques will be held July 16-18, 2020, Lima, Peru. Organized by the Peruvian Society of Cardiology in co-operation with the International Society of Cardiovascular Ultrasound (ISCU). Organizing Committee: José Carlos Armendariz Ferrari, MD, Jorge Ortega Diaz, MD, Violeta Illatopa Cerna, MD, Pedro Yanac Chavez, MD

XXVII World Congress of Echocardiography and Allied Techniques will be held September 26-28, 2021 in Tyumen, Russia. Dr. Vadim Kuznetsov will serve as the President of the Congress

XXVIII World Congress of Echocardiography and Allied Techniques will be held in Adelaide, Australia in April, 2022. The lead organizers are Dr. Rebecca Perry PhD, Professor Stephen Nicholls MD, Professor Joseph Selvanayagam MD, Professor Thomas Marwick MD, Associate Professor Sudhir Wahi MD and Leah Wright.

XXIX World Congress of Echocardiography and Cardiac Imaging will be held in Sophia, Bulgaria in spring, 2023. The Congress will be organized by an alliance of the International Society of Cardiac Ultrasound, Bulgarian Association of Cardiovascular Imaging and the Foundation of Cardiovascular Imaging in Bulgaria. Prof. Krasimira Hristova, MD will serve as the Congress President and direct the Congress.

XXX World Congress of Echocardiography and Cardiac Imaging will be held in spring, 2024 in Kosice, Slovakia. The Congress will be organized by the International College of Cardiology in conjunction with the International Society of Cardiovascular Ultrasound. Prof. Jan Fedacko MD, PhD of Pavol Jozef Safarik University, Kosice, Slovakia will be the Congress President and the Co-organizer will be Dominik Pella, MD from the same University.

XXXI World Congress of Echocardiography and Allied Techniques will be held May 18–20, 2025 in Istanbul, Turkey. Prof. Sibel Catirli Enar, MD will serve as the President of the Congress and Prof. Ozlem Batukan Esen, MD as the Vice President. Krasimira Hristova, Jan Fedacko, Sibel Catirli Enar, Ozlem Batukan Esen.

Dr. Navin C. Nanda is International President for all the World Congresses