



You are cordially invited to attend ***Severe/Resistant Hypercholesterolemia: New Agents Redefining Clinical Practice***, a CME-certified symposium that is being held during the American Association of the Cardiologists of Indian Origin (AACIO) November meeting at Chez-Chicago in Chicago, IL. The activity will help clinicians develop a refined understanding of residual CVD risk in hypercholesterolemic patients and allow them to adjust prescribing behavior to reduce risk as much as possible.

**Date:** Sunday, November 11, 2018  
**Time:** 6:00 – 7:00 PM  
**Location:** Chez-Chicago  
247 E. Ontario, Second Floor (West)  
Chicago, IL 60611

**For full accreditation information visit:**  
[www.rockpointe.com/Hypercholesterolemia](http://www.rockpointe.com/Hypercholesterolemia)

#### PROGRAM FACULTY



**Prakash Deedwania, MD, FACC, FAHA, FACP, FASH, FESC**  
Professor of Medicine  
UCSF School of Medicine  
San Francisco, CA

#### TOPICS INCLUDE:

Guidelines, Trial Data, and Residual Risk  
New and Emerging Treatment Options  
Benefits and Limitations of Treatment Options

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Boston University School of Medicine and Rockpointe. Boston University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Jointly provided by Boston University School of Medicine and Rockpointe

This activity is supported by educational funding provided by Amgen.



# AMERICAN ASSOCIATION OF CARDIOLOGISTS OF INDIAN ORIGIN

November 2018 v1 • Debasish Roychoudhury, M.D., Editor

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## Contact Information

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American Association of Cardiologists of Indian Origin (AACIO)  
International Society of Cardiovascular Ultrasound (ISCU)

Join

Chicago Medical Society (CMS) and  
Indian American Medical Association of Illinois (IAMA-IL)

TO PRESENT

SCIENTIFIC PROGRAM and DINNER  
INDIAN DINNER CUISINE, entertainment, socializing and networking

**NO FEE FOR PARTICIPANTS, SPOUSES AND GUESTS**

**Sunday, November 11, 2018, 6:00 p.m. - 10:00 p.m.**

**Venue:** Chez-Chicago, 247 E. Ontario, Second Floor (West),  
Chicago, Illinois 60611.

## **PROGRAM**

5:30 – 6:00 p.m. Registration and Appetizers

Chairpersons: Drs. Hanumanth Reddy, Navin C. Nanda, Rakesh Sharma,  
Samir Shah and Vemuri Murthy

6:00 – 7:00 p.m. CME Program: Severe Resistant Hypercholesterolemia-  
Praksh Deedwania, MD, FACC, FAHA, FACP, FASH,  
FESC, Professor of Medicine UCSF School of Medicine,  
San Francisco, CA

7:00 - 8:00 p.m. Scientific Presentation: Dr. Narinder "Nani" Bhalla and  
others

8:00 - 8:30 p.m. Young Investigator Awards and AACIO Honorees

8:30 - 10:00 p.m. Dinner: Catered by The Indian Garden (Indian cuisine),  
Socializing and Networking

**AFTER DINNER ENTERTAINMENT: Enchanting music and  
songs by Dr. Radhika Chimata and her group.**

10:00 p.m. Adjournment

**Reservations:** E-mail: [aacio123@gmail.com](mailto:aacio123@gmail.com). Phone: Dr. Hanumanth K.  
Reddy, (573) 300-9130.

(Faculty Affiliation Listing on next page)

## FACULTY

**Narinder "Nani" Bhalla, MD**, Senior Medical Director, Cardiovascular US Medical Affairs, AstraZeneca, Wilmington, Delaware

**Vemuri S. Murthy, MD**, President, Chicago Medical Society, Chicago, Illinois

**Navin C. Nanda, MD**, Distinguished Professor of Medicine and Cardiovascular Disease, University of Alabama at Birmingham, Birmingham, Alabama

**Hanumanth K. Reddy, MD**, Clinical Professor of Medicine, St. Louis University Medical School, St. Louis, Missouri, and Medical Director, Poplar Bluff Regional Hospital, Poplar Bluff, Missouri

**Samir Shah, MD**, Invasive Cardiologist, Mercy Health-Rockford Heart & Vascular, Rockford, Illinois

**Rakesh Sharma, MD**, Interventional Cardiologist, BayCare Medical Group, Clearwater, Florida; Adjunct Clinical Professor of Cardiology, University of Arkansas for Medical Sciences, Little Rock, Arkansas

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## President's Column



Dear friends:

We are once again very happy to invite you all to an exciting and enjoyable AACIO semi-annual dinner-education program at

Chez-Chicago  
247 E. Ontario, Second Floor (West)  
Chicago, Illinois 60611

on Sunday, November 11, 2018. This program is being organized by AACIO in collaboration with ISCU (Dr. Nanda), and Chicago Medical Society (Dr. Vemuri Murthy). As expected, this gathering presents great opportunities for socializing and networking. This year, we have a special CME presentation at 6 pm by world famous Dr. Prakash Deedwania, Professor of Medicine, UCSF on 'Severe Resistant Hypercholesterolemia'. We are grateful to Ms. Kathleen Whyte and her associates, Rockpointe, Amgen and Boston University.

I am inviting each and every one of you to attend this dinner CME meeting. There is no entrance fee for this meeting. There will be delicious Indian cuisine and drinks, a brief educational program and finally an enchanting live music, and songs by famous **Dr. Radhika Chimata and her group.**

Please don't miss this unique opportunity to socialize and visit with your friends while you are having a bite to eat and catch a piece of Indian music. The AACIO Board and I are highly grateful to Distinguished Professor, Dr. Navin Nanda, Dr. Rakesh Sharma, Mrs. Lindy Chapman, Dr. Debashish Roychoudhury and Dr. Jagadeesh Kalavakunta for their dedicated and diligent efforts to make this program successful.

We are again highly grateful to Astra Zeneca, Mr. Raweesh Chaudhary and his distinguished colleagues, for their unconditional support to this educational program. Dr. Nanda and I personally thank Dr. Samir Shah who has spent countless hours and poured a lot of his energy and enthusiasm into this program. Without his help, this program would not have been possible. We are highly indebted to Dr. Vemuri Murthy for using his precious time and resources for this function..

Finally, I again ask all of you to be active members of AACIO and enhance its strength and visibility. In the near future, we hope to make AACIO a large organization to serve the needs of all the cardiologist of Indian origin forever.

Hanumanth K. Reddy, MD, FACC  
President



## NOTE

**FROM EDITOR, AACIO NEWSLETTER.** AACIO would like to receive News Items about its members or Short Articles of interest for consideration of publication in the next Newsletter. Please send your items for consideration to Dr. Debasish Roychoudhury, Editor, Email: [roychoudhury03@gmail.com](mailto:roychoudhury03@gmail.com)

## AACIO HONOREES



**Dr. Samir Shah** is a practicing Invasive Cardiologist for the last 32 years, currently affiliated with Mercy Health - Rockford Heart & Vascular group. Dr. Shah is a graduate of B.J. Medical College, Ahmadabad. He finished his Cardiology Fellowship from Michael Reese Hospital, Chicago, University of Chicago affiliated fellowship program in 1986. For the past several years, Dr. Shah has been very active with Indian American Medical Association of Illinois (IAMA-IL) and was President of IAMA-IL in 2015 as well as 2016. His leadership, vision and hard work took IAMA-IL to a new horizon and recognition not seen before. With deep interest in Art and Music, he successfully completed Co-Chair position for entertainment for the AAPI-Chicago convention in

2013. Dr. Shah has given his volunteer services for many social, religious and medical organizations. He is a Chicago native since 1979 and lives in Burr Ridge with his wife Bella (Prerana) and two boys, Pallav and Amish. AACIO is proud to honor Dr. Shah for his recent invaluable contributions to AACIO.



**Marc A. Silver, MD, FACP, FACC, FCCP, FAHA, FHFSA** Dr. Marc A. Silver served as the Chief, Division of Medical Services, Chairman of the Department of Medicine, and is the Founder of the Heart Failure Institute at Advocate Christ Medical Center in Oak Lawn, Illinois for 19 years, retiring in December 2017. He is a Clinical Professor of Medicine at the University of Illinois School of Medicine. He is an international leader in heart failure, was a founding member of the Heart Failure Society of America, author of HFSA and ACC/AHA heart failure guidelines for over a decade, and served as Editor-in-Chief of *Congestive Heart Failure* for 15 years. He has authored *Success with Heart*

*Failure*, now in the 4th edition, which explains heart failure to patients and families in simple language with practical strategies for living well, the most recent treatments available and methods currently being researched. He has also published nearly 200 scientific papers, plus book chapters and numerous abstracts. A graduate of Rush Medical College, in 2017 he received the Rush Medical College Distinguished Alumni Award for Clinical Excellence.

Dr. Silver has a long established interest in heart failure, chronic disease management, heart failure and multispecialty chronic disease management clinic development, biomarker evaluation and integration, integration of biometrics for early disease warning and intervention, advanced heart failure therapies including mechanical circulatory support and heart transplantation. Dr. Silver was among the first heart failure experts to receive ABIM certification in Advanced Heart Failure and Transplantation at its initial offering. In 2016 he became one of 34 Inaugural Fellows of the Heart Failure Society of America (FHFSA). AACIO proudly honors Dr Marc Silver.



## AACIO Young Investigator Awards - November 2018

### Dr. Krishna Ramaswamy Award

#### Interventional/EP



#### **Hemodynamic Assessment of Paravalvular Regurgitation in Patients Undergoing Transcatheter Aortic Valve Replacement**

**Arnav Kumar, MD<sup>1</sup>**; Kimi Sato, MD, PhD<sup>2</sup>; Yash Jobanputra, MBBS<sup>2</sup>; Jorge Betancor, MD<sup>2</sup>; Mohamed Halane, MD<sup>2</sup>; Robin George, BS<sup>2</sup>; Kinjal Banerjee, MBBS<sup>2</sup>; Divyanshu Mohananey, MD<sup>2</sup>; Vivek Menon, MD<sup>2</sup>; Yasser M. Sammour, MD<sup>2</sup>; Amar Krishnaswamy, MD<sup>2</sup>; Wael A. Jaber, MD<sup>2</sup>; Stephanie Mick, MD<sup>2</sup>; Lars G. Svensson, MD, PhD<sup>2</sup>; Samir R. Kapadia, MD<sup>2</sup>. <sup>1</sup>Andreas Gruentzig Cardiovascular Center, Emory University School of Medicine, Atlanta, GA; <sup>2</sup>The Heart and Vascular Institute, Cleveland Clinic Foundation.

### Dr. Madhukar Deshmukh Awards

#### Preventive/Clinical and Imaging Cardiology



#### **Predictors for 30-Day Readmissions in Patients Admitted With ST-Elevation Myocardial Infarction and Cardiogenic Shock: A 5-Year Nationwide Analysis**

**Karan Sud<sup>1</sup>**, Akhil Parashar<sup>2</sup>, Samir Kapadia<sup>3</sup>. <sup>1</sup>Department of Internal Medicine, Icahn School of Medicine at Mount Sinai St. Luke's-West, New York; <sup>2</sup>Department of Cardiology, University of Iowa Hospitals and Iowa City VA Medical Center, Iowa; <sup>3</sup>Interventional Cardiology, Department of Cardiovascular Medicine, Cleveland Clinic, Ohio

#### Basic Science



#### **Soluble Lectin-Like Oxidized Low-Density Lipoprotein Receptor-1 is Associated With Subclinical Coronary Artery Diseases in Psoriasis**

**Amit K. Dey MD<sup>a</sup>**, Ranjitha Gaddipati MS<sup>b</sup>, Youssef A. Elnabawi BS<sup>a</sup>, Emily Ongstad PhD<sup>b</sup>, Aditya Goyal MD<sup>a</sup>, Justin A. Rodante PA-C<sup>a</sup>, Aparna A. Sajja MD<sup>a</sup>, Alexander V. Sorokin MD PhD<sup>a</sup>, Jacob Groenendyk BA<sup>a</sup>, Heather L. Teague PhD<sup>a</sup>, Leonard Genovese MD<sup>a</sup>, Agastya Belur MD<sup>a</sup>, Aarthi S. Reddy<sup>a</sup>, Milena Aksentijevich MSc<sup>a</sup>, Charlotte L. Harrington BA<sup>a</sup>, Nevin J. Varghese BA<sup>a</sup>, Andrew Keel RN<sup>a</sup>, Noor Khalil BA<sup>a</sup>, Jenis Argueta-Ameyra BS<sup>a</sup>, Harry Choi BA<sup>a</sup>, Yvonne Baumer PhD<sup>a</sup>, Aditya A. Joshi MD<sup>a</sup>, Veit Sandfort MD<sup>a</sup>, Martin P. Playford PhD<sup>a</sup>, Marcus Y. Chen MD<sup>a</sup>, David A. Bluemke MD PhD<sup>c</sup>, Sotirios Karathanasis PhD<sup>b</sup>, Joel M. Gelfand MD MSCE<sup>d</sup>, Ruchi Gupta PhD<sup>b</sup> and Nehal N. Mehta MD MSCE<sup>a</sup>.  
a) Section of Inflammation and Cardiometabolic Diseases, National Heart, Lung, and Blood Institute, National Institutes of Health, Bethesda, MD; b) MedImmune LLC, Gaithersburg, MD; c) University of Wisconsin School of Medicine and Public Health; Madison, WI; d) University of Pennsylvania; Philadelphia, PA

## NEWS ABOUT AACIO MEMBERS - CONGRATULATIONS

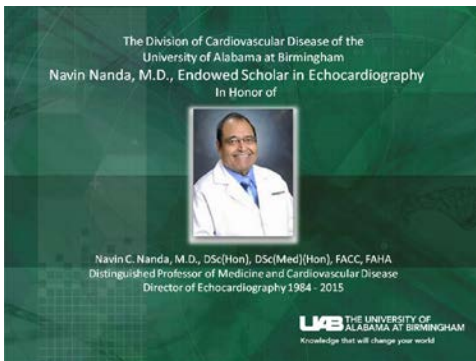


*Dr. Navin Nanda receiving the Award from Dr. Vera Rigolin, President of the American Society of Echocardiography.*

### More Honors for Dr. Navin Nanda

**Dr. Navin Nanda, MD, DSc (Hon)**, Distinguished Professor of Medicine and Cardiovascular Disease at the University of Alabama at Birmingham, Birmingham, Alabama was presented the Lifetime Achievement Award by the American Society of Echocardiography during their annual meeting in Nashville in June this year. This is the Society's most prestigious award and a testament to his life's work. Among the achievements cited were his publication of 13 books and over 500 original scientific manuscripts, his organization of yearly case-based educational conferences prior to American Heart Association and American College of Cardiology Annual Scientific Sessions, the latter running currently for 34 years, his formation of the International Society of Cardiovascular Ultrasound in 1991 and organization of highly successful World Congresses of Echocardiography held over 24 years.

**Dr. Nanda** also received the Lifetime Achievement Award from the Bulgarian Foundation of Cardiovascular Imaging and the Bulgarian Working Group on Cardiovascular Imaging for his phenomenal accomplishments not only in adult but also also pediatric and fetal echocardiography. The award was presented to Dr. Nanda during the XXIV World Congress on Echocardiography and Cardiovascular Imaging held in Bulgaria in May, 2018.



The University of Alabama at Birmingham has also honored **Dr. Nanda** for his pioneering work in echocardiography and cardiology by establishing an endowed scholarship in his honor in the Cardiology Division. The first scholar is the new Director of Echocardiography.

## AACIO MEMBERSHIP - 2019

Please visit the AACIO website, [www.aacio.org](http://www.aacio.org), to renew your 2019 Membership

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## ISCU/ AACIO CONFERENCE

### Echocardiography Conference

**35th Annual International Conference on Case Studies/Recent Advances in Echocardiography and Allied Techniques (MRI, CT Scan, Nuclear) FRIDAY, March 15, 2019, 7:30 a.m. - 5:00 p.m. New Orleans, Louisiana - venue to be confirmed. FREE REGISTRATION. OVER 65 INTERESTING CASES WILL BE PRESENTED BY OVER 65 FACULTY. These cases will be useful to practicing physicians.** Sponsored by the International Society of Cardiovascular Ultrasound (ISCU) and American Association of Cardiologists of Indian Origin (AACIO). Conference Director: Navin C. Nanda, M.D. Includes light continental breakfast and break.

The Conference is being held one day before the ACC Annual Meeting. For program and registration contact: Monika Kapoor, e-mail: [iscuorg@yahoo.com](mailto:iscuorg@yahoo.com). For further information: E-mail address: Dr. Navin C. Nanda, [nanda@uab.edu](mailto:nanda@uab.edu) for information. Mobile phone: 1+205 807-0731

## ISCU WORLD CONGRESSES

**2nd World Congress of Cardiac Imaging and Clinical Cardiology (WCCICC-2019)** will be held in the city of Mumbai, India, February 22-24, 2019 at Hotel JW Marriott, Sahar, opposite the T2 international airport terminal. Executive President: Prof. G.N. Mahapatra (Email - [drgmahapatra@sevenhillshospital.com](mailto:drgmahapatra@sevenhillshospital.com)); President: Prof. C.N. Manjunath (Email- [drcnmanjunath@gmail.com](mailto:drcnmanjunath@gmail.com)). Website: [www.wccicc.com](http://www.wccicc.com)

**XXV World Congress of Echocardiography and Allied Techniques** will be held May 17-19, 2019, Lodz, Poland. Presidents: Prof. Jaroslaw D. Kasprzak, MD, PhD ,FESC, FACC and Professor Piotr Lipiec MD PhD FESC

**XXVI World Congress of Echocardiography and Allied Techniques** will be held June 18-20, 2020, Lima, Peru. Organized by the Peruvian Society of Cardiology in co-operation with the International Society of Cardiovascular Ultrasound (ISCU). Organizing Committee: José Carlos Armendariz Ferrari, MD, Jorge Ortega Diaz, MD, Violeta Illatopa Cerna, MD, Pedro Yanac Chavez, MD

**XXVII World Congress of Echocardiography and Allied Techniques** will be held September 26-28, 2021 in Tyumen, Russia. Dr. Vadim Kuznetsov will serve as the President of the Congress

**XXVIII World Congress of Echocardiography and Allied Techniques** will be held in Adelaide, Australia in April, 2022. The lead organizers are Dr. Rebecca Perry PhD, Professor Stephen Nicholls MD, Professor Joseph Selvanayagam MD, Professor Thomas Marwick MD, Associate Professor Sudhir Wahi MD and Leah Wright.

**Dr. Navin C. Nanda is International President for all the World Congresses**



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