

You are cordially invited to attend ***Cardiovascular Risk Reduction in T2DM: Applying Trial Data in Cardiology Practice***, a symposium approved for CME, that is being held during the March meeting of the American Association of the Cardiologists of Indian Origin (AACIO) at the Sheraton New Orleans Hotel in New Orleans, LA. The activity will explore the burden of CVD in patients with T2DM, and outline the results from cardiovascular outcomes trials exploring the benefits and risks of antihyperglycemic agents in reducing CVD in patients with T2DM.

Date: Sunday, March 17, 2019

Time: 7:00 – 8:00 PM

Location: Sheraton New Orleans Hotel
500 Canal Street
Waterbury Ballroom/Lagniappe
New Orleans, LA 70130

For full accreditation information visit:
www.rockpointe.com/cvdriskredt2dm

PROGRAM FACULTY



Prakash Deedwania, MD, FACC, FAHA, FACP, FASH, FHFS, FESC

Professor of Medicine
UCSF School of Medicine
San Francisco, CA

TOPICS INCLUDE:

Recognizing the Risks and Burdens of CVD in Patients with T2DM
Cardiovascular Outcomes Trials: Benefits of Antihyperglycemic Agents on Reducing CVD

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of USF Health and Rockpointe. USF Health is accredited by the ACCME to provide continuing medical education for physicians.

USF Health designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Jointly provided by USF Health and Rockpointe

This activity is supported by an independent educational grant from Boehringer Ingelheim Pharmaceuticals, Inc.; Lilly USA, LLC; and Novo Nordisk, Inc.



AMERICAN ASSOCIATION OF CARDIOLOGISTS OF INDIAN ORIGIN

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Contact Information

H.K. Reddy, M.D., President

5 Breezy Hill Road

Poplar Bluff, MO 63901

Phone: (573) 300-9130

E-mail:

hk.hanumanth@gmail.com

**American Association of Cardiologists of Indian Origin (AACIO)
International Society of Cardiovascular Ultrasound (ISCU)
in cooperation with
Louisiana Based Physicians of Indian Origin**

TO PRESENT

**SCIENTIFIC PROGRAM and DINNER
INDIAN DINNER CUISINE, entertainment, socializing and networking**

NO FEE FOR PARTICIPANTS. SPOUSES AND GUESTS

Sunday, March 17, 2019, 6:00 p.m. - 10:00 p.m.

Venue: Sheraton New Orleans Hotel, 500 Canal Street, New Orleans,
Louisiana; room: Waterbury Ballroom/Lagniappe, 2nd floor.

PROGRAM

6:00 p.m. Registration and Appetizers

Chairpersons: Drs. Hanumanth Reddy, Navin C. Nanda, Rakesh Sharma,
Vasanth Bethala, Surendra Purohit

6:00 – 7:00 p.m. Scientific Presentation: Long Term Risk and Management
Strategies in Patients with Prior MI. **Dr. Narinder “Nani”
Bhalla**

7:00 - 8:00 p.m. CME Program: Cardiovascular Risk Reduction in T2DM.
Applying Trial Data in Cardiology Practice. **Prakash
Deedwania, MD, FACC, FAHA, FACP, FASH, FHFS, FESC,**
Professor of Medicine UCSF School of Medicine, San
Francisco, CA

8:00 - 8:30 p.m. Young Investigator Awards and AACIO Honorees

8:30 - 10:00 p.m. Dinner: Catered by Nirvana Indian Cuisine (located at 4308
Magazine St, New Orleans, 70115), Socializing and
Networking

AFTER DINNER ENTERTAINMENT: Enchanting music and songs by
Enchanting Bollywood music and songs by the world famous and most
sought after Dr. Amit Chakrabarty, Sadhna and their Geethanjali group.

10:00 p.m. Adjournment

Reservations: E-mail: aacio123@gmail.com. Phone: Dr. Hanumanth K. Reddy,
(573) 300-9130.

FACULTY

Vasanth Bethala, MD, FACC, FACP, FSCIA, President, Louisiana Chapter of AAPI (American Association of Physicians of Indian Origin), Slidell, Louisiana

Narinder "Nani" Bhalla, MD, Senior Medical Director, Cardiovascular US Medical Affairs, AstraZeneca, Wilmington, Delaware

Navin C. Nanda, MD, Distinguished Professor of Medicine and Cardiovascular Disease, University of Alabama at Birmingham, Birmingham, Alabama

Surendra Purohit, MD, Ex-Chairman, Board of Trustees, and currently serving on the Board of Directors of the Charitable Foundation and Vice-Chair, Charitable Foundation American Association of Physicians of Indian Origin (AAPI), Covington, Louisiana

Hanumanth K. Reddy, MD, Clinical Professor of Medicine, St. Louis University Medical School, St. Louis, Missouri, and Medical Director, Poplar Bluff Regional Hospital, Poplar Bluff, Missouri

Samir Shah, MD, Invasive Cardiologist, Mercy Health-Rockford Heart & Vascular, Rockford, Illinois

Rakesh Sharma, MD, Interventional Cardiologist, BayCare Medical Group, Clearwater, Florida; Adjunct Clinical Professor of Cardiology, University of Arkansas for Medical Sciences, Little Rock, Arkansas

President's Column



Dear AACIO Members and Friends:

We are very excited to invite you to our forthcoming semi-annual dinner meeting at the Sheraton New Orleans Hotel, 500 Canal Street, New Orleans, Louisiana; room: Waterbury Ballroom/Lagniappe, 2nd floor on March 17, 2019. This educational meeting starts at 6PM with a brief core curriculum lecture, followed by a CME presentation. Then, research abstract presentations follow along with an Indian delicious dinner with drinks and an exciting Bollywood music and songs by the world famous entertainer Dr. Amit Chakraborty and his Geetanjali group. In addition to some learning experience, this program provides you with a great socializing and networking opportunities with friends, family and novices.

I extend my personal gratitude to Drs. Navin Nanda, Rakesh Sharma, Narinder Bhalla, Prakash Deedwania, Surender Purohit, Vasanth Bathala, Mrs. Anila Keshwani and Mrs. Lindy Chapman for their valuable collaboration in this important meeting. We are also highly grateful to Dr. Debashish Roychoudury, Dr. Jagdeeshwar Kaluvakunta and Dr. Vishal Gupta for their unrelenting efforts in maintaining high standards of this newsletter.

We are again grateful to Astra Zeneca, Mr. Raweesh Chaudhary and his distinguished colleagues for their unconditional support to this educational program. We thank Ms. Kathleen Whyte and her associates from Rockpointe Corporation for sponsoring an interesting CME program on this occasion.

We would expect you have great experience in this fun filled meeting in New Orleans. It is quite convenient to attend this meeting because of its easy accessibility on Canal Street and a short walking distance from the Convention Center. My special thanks to Mrs. Anila Keshwani for playing a pivotal role in this endeavor.

I extend my personal invitation to each and every one of you to join us in this semi-annual dinner meeting. While you have several other meetings to attend, this is a great opportunity to socialize and network with your friends and colleagues. There is something for everybody in this meeting.

As usual, the Distinguished Professor Navin Nanda and Mrs. Lindy Chapman have used their energy and precious time in organizing the forthcoming meeting.

Please don't forget to become members of AACIO in order to empower this important entity and to make a difference in the lives and careers of cardiologists of Indian origin and/or ancestry.

Hanumanth K. Reddy, MD, FACC
President



NOTE

FROM EDITOR, AACIO NEWSLETTER. AACIO would like to receive News Items about its members or Short Articles of interest for consideration of publication in the next Newsletter. Please send your items for consideration to Dr. Debasish Roychoudhury, Editor, Email: roychoudhury03@gmail.com

AACIO HONOREES



Dr. Venkata (Mahesh) Alla is currently a practicing non-invasive academic Cardiologist in Omaha, an Associate Professor of Medicine in Creighton University School of Medicine and the Program Director for the Cardiovascular Fellowship Program. He graduated with a medical degree from Osmania Medical College in Hyderabad, India in 2000, completed his residency in Internal Medicine at the Postgraduate Institute for Medical Education and Research (PGIMER), Chandigarh, India and worked as a Chief Resident at the Nizam's Institute for Medical Sciences, Hyderabad, India before he moved to the United States in 2006. He completed Internal Medicine Residency in 2009 and Cardiovascular Fellowship in 2012 at Creighton University, Omaha, Nebraska and has been on the Faculty since

2012. He has been awarded the Master Clinician Award and distinguished teacher award by the University and the training program. He has authored a number of articles in peer reviewed journals, written text book chapters and has presented at numerous national and International meetings. He volunteers regularly at various local community wellness events targeting the Indian community and is the past president of the Nebraska Iowa Physicians of Indian Origin. Over the last 2 years he is pursuing various efforts to serve in India by participating in and organizing free health camps to improve patient care in that country.. AACIO is proud to honor Dr. Alla for his outstanding contributions in the field of cardiology.



Dr. Edmund Kenneth Kerut is board certified in Internal Medicine, Cardiovascular Disease and also Echocardiography. He is a Fellow of the American College of Cardiology and a Fellow of the American Society of Echocardiography. He has been in private practice for over 30 years in the New Orleans metro area. His clinical interests include cardiovascular disease prevention and noninvasive imaging, including echocardiography and cardiac computed tomography. Dr. Kerut performed the first TEE at the old Charity Hospital in New Orleans in 1989. Dr. Kerut has been Senior Associate Editor and Section Editor for Echo Rounds over 15 years for the journal *Echocardiography*. He has published over 100 peer reviewed articles, several book chapters, and two textbooks. He served as consultant to NASA to review the role of PFO and decompression sickness for the Space Shuttle astronauts. With a background in

biomedical engineering and mathematics, his research interests include writing computer code for image processing and signal analysis. He has a patent for a quantitative method of describing tissue texture. Other computer algorithms that he has written include analysis of laboratory animal lymphatic duct motility, blood vessel branching anatomy and flow, and heart rate variability using novel methods for detection of transients in autonomic tone. Dr. Kerut especially enjoys helping patients identify and modify cardiovascular risk, in order to have a better life. AACIO is proud to honor Dr. Kerut for his outstanding contributions in the field of cardiology.



Dr. Sadik Raja Panwar was born in Bikaner, Rajasthan, India. He graduated with honors in many subjects (Medicine, Forensic Medicine, Ophthalmology, ENT, Community Medicine, Obstetrics & Gynecology and Pediatrics) from Sardar Patel Medical College (Rajasthan University), India. He worked as a visitor research fellow at UAB echo lab with Dr. Navin Nanda for one year 2006 -2007. His residency was at Drexel University College of Medicine/Saint Peter's University Hospital, New Brunswick, NJ (2007-2010). He was trained in Cardiovascular Medicine at State University of New York - Downstate Medical Center (2010-2013) and Interventional Cardiology at Mount Sinai Medical Center, NY (2013-2015). Thereafter, he practiced 3 years as an interventional cardiologist. Dr. Panwar is currently a Clinical Instructor

/Structural Heart Fellow at Buffalo General Medical Center, University of Buffalo, NY (2018-2019). He is board certified in internal medicine, cardiovascular disease and interventional cardiology.

Dr. Panwar has had a penchant for research since his medical school days and has been actively involved in various research projects in the field of cardiovascular disease. These have included both noninvasive and invasive areas as well as structural heart disease. He is co-author of more than 25 publications and 3 book chapters (Practical Manual of Interventional Cardiology) and co-editor of research journals. Recently, he was a course co-director of an international cardiology conference. AACIO is proud to honor Dr. Sadik Panwar.



AACIO Young Investigator Awards - March 2019

Dr. Krishna Ramaswamy Award

Interventional/EP



Single Center Percutaneous Right Ventricular Assist Device Experience - 100% In-Hospital Survival Post-Left Ventricular Assist Device

Sakthi Sundararajan, MD¹; Asim Mohammed, MD². ¹Fellow - Division of General Internal Medicine, Department of Medicine, Medical College of Wisconsin, Milwaukee, WI; ²Assistant Professor - Division of Cardiology, Department of Medicine, Medical College of Wisconsin, Milwaukee, WI

Dr. Madhukar Deshmukh Awards

Preventive/Clinical and Imaging Cardiology



Biomarkers and the Clinical Benefit of Ezetimibe: A Prespecified Analysis from IMPROVE-IT

Arman Qamar, MD; Robert P. Giugliano, MD, SM; Erin A. Bohula, MD, DPhil; Jeong-Gun Park, PhD; Petr Jarolim, MD, PhD; Sabina A. Murphy, MPH; Christopher P. Cannon, MD; Eugene Braunwald, MD; David A. Morrow, MD, MPH. TIMI Study Group, Division of Cardiovascular Medicine, Brigham and Women's Hospital and Harvard Medical School, Boston, MA



Novel HDL markers may improve risk prediction for stroke: A meta-analysis of large population-based cohorts

Kavisha Singh MD¹, Colby Ayers MS¹, Anand Rohatgi MD, MSCS¹. ¹University of Texas Southwestern Medical Center, Dallas, TX, USA.

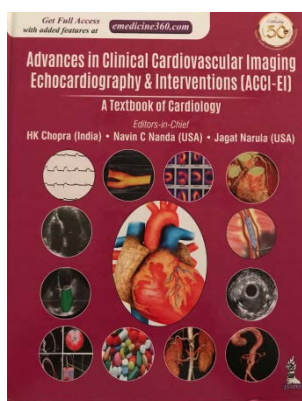
NEWS ABOUT AACIO MEMBERS - CONGRATULATIONS



Left to right, Dr. Kanta Nanda, Major General Md. Fashiur Rahman (Commandant), Dr. Navin Nanda, Prof. Abdulla Al Shafi Majumder, Major General Md. Abdul Ali Miia and Brigadier General Nurun Nahar Fatema.

Dr. Navin C. Nanda was recognized as the Father of Modern Echocardiography by both the Cardiovascular and Radiological Societies of the Republic of Mauritius during their "International Day of Radiology" celebrations on November 11, 2018 where he was the invited Chief Guest Speaker.

Dr. Nanda was also presented a Special Crest of Honor by Major General Md. Fashiur Rahman, the Commandant of the Armed Forces Medical College of Bangladesh, Dhaka, Bangladesh, on November 17, 2018 where he was invited as the Chief Guest Speaker. He was also recognized and awarded the title of "Father of Modern Echocardiography". Dr Nanda spoke on Clinical Applications of Echocardiography.



Dr. Navin Nanda is Editor-in-Chief along with Drs. H.K. Chopra and Jagat Narula of a new 1335 page Textbook of Cardiology just published titled "Advances in Clinical Cardiovascular Imaging, Echocardiography and Interventions".

AACIO MEMBERSHIP - 2019

Please visit the AACIO website, www.aacio.org, to renew your 2019 Membership

ISCU/AACIO CONFERENCE

Echocardiography Conference

35th Annual International Conference on Case Studies/Recent Advances in Echocardiography and Allied Techniques (MRI, CT Scan, Nuclear) FRIDAY, March 15, 2019, 7:30 a.m. - 5:00 p.m. at the New Orleans Downtown Marriott at the Convention Center, 859 Convention Center Blvd, New Orleans, Louisiana 70130; room: Blaine Kern Ballroom A-C, first floor; phone: (504) 613-2888; website: www.marriott.com/msymc. FREE REGISTRATION. OVER 70 INTERESTING CASES WILL BE PRESENTED BY OVER 70 FACULTY. These cases will be useful to practicing physicians. Sponsored by the International Society of Cardiovascular Ultrasound (ISCU) and American Association of Cardiologists of Indian Origin (AACIO). Conference Director: Navin C. Nanda, M.D. Includes light continental breakfast and lunch.

The Conference is being held one day before the ACC Annual Meeting. For program and registration contact: Monika Kapoor, e-mail: iscuorg@yahoo.com. For further information: E-mail address: Dr. Navin C. Nanda, nanda@uab.edu for information. Mobile phone: 1+205 807-0731

ISCU WORLD CONGRESSES

2nd World Congress of Cardiac Imaging and Clinical Cardiology (WCCICC-2019) will be held in the city of Mumbai, India, February 22-24, 2019 at Hotel JW Marriott, Sahar, opposite the T2 international airport terminal. Executive President: Prof. G.N. Mahapatra (Email - drgmahapatra@sevenhillshospital.com); President: Prof. C.N. Manjunath (Email- drcnmanjunath@gmail.com). Website: www.wccicc.com

XXV World Congress of Echocardiography and Allied Techniques will be held May 17-19, 2019, Lodz, Poland. Presidents: Prof. Jaroslaw D. Kasprzak, MD, PhD ,FESC, FACC and Professor Piotr Lipiec MD PhD FESC

XXVI World Congress of Echocardiography and Allied Techniques will be held June 18-20, 2020, Lima, Peru. Organized by the Peruvian Society of Cardiology in co-operation with the International Society of Cardiovascular Ultrasound (ISCU). Organizing Committee: José Carlos Armendariz Ferrari, MD, Jorge Ortega Diaz, MD, Violeta Illatopa Cerna, MD, Pedro Yanac Chavez, MD

XXVII World Congress of Echocardiography and Allied Techniques will be held September 26-28, 2021 in Tyumen, Russia. Dr. Vadim Kuznetsov will serve as the President of the Congress

XXVIII World Congress of Echocardiography and Allied Techniques will be held in Adelaide, Australia in April, 2022. The lead organizers are Dr. Rebecca Perry PhD, Professor Stephen Nicholls MD, Professor Joseph Selvanayagam MD, Professor Thomas Marwick MD, Associate Professor Sudhir Wahi MD and Leah Wright.

Dr. Navin C. Nanda is International President for all the World Congresses



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