



American Association of Cardiologists of Indian Origin



Nov 2015 - AAICO Newsletter Nov 2015

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AAICO Dinner Meeting Fall 2015

Venue: Wyndham Orlando Resort, 8001 International Drive, Orlando, FL 32819. Room: Keys Ballroom; Phone: (407) 351-2420; Parking: Self parking - no charge

08 Nov 2015
Event time: 5:15pm to 9pm

At the same time as the AHA meetings
Orlando, Florida
NO FEE FOR PARTICIPANTS, SPOUSES AND GUESTS

5:15 - 6:25 p.m. Registration and Reception. Hors d'oeuvres

SYMPOSIUM DINNER MEETING
NOTE: Dinner will be served during the Symposium

6:25 - 6:30 p.m. Introduction. Dr. Navin C. Nanda/Dr. Hanumanth K. Reddy

Symposium Directors: Drs. Hanumanth K. Reddy, Rakesh Sharma, Navin C. Nanda

6:30 - 7:00 p.m. Understanding the Ongoing Risk of Atherothrombosis Beyond the Culprit Lesion. Sandeep Nathan, MD, FACC, FSCAI

7:00 - 7:10 p.m. Discussion and Questions from the Audience

7:10 p.m. Adjournment of Symposium

Note: The above is non-CME educational presentation sponsored by AstraZeneca for healthcare professionals only.

Registration is Complimentary. RSVP to Sajani Barot, PharmD, MBA, e-mail: Sajani.Mehta@astrazeneca.com or phone: (630) 849-6569

AAICO Program

7:10 - 7:50 p.m. AAICO Honorees and Young Investigator Awards

7:50 - 9:00 p.m. Entertainment, socializing and networking.

Faculty

Navin C. Nanda, MD, Distinguished Professor of Medicine and Cardiovascular Disease, Senior Scientist, Minority Health and Research Center and UAB Center for Aging, and UAB Comprehensive Cardiovascular Center, University of Alabama at Birmingham, Birmingham, Alabama.

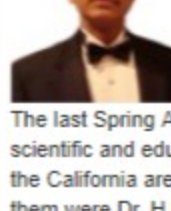
Sandeep Nathan, MD, FACC, FSCAI, Associate Professor of Medicine, Director, Interventional Cardiology Fellowship Program and Co-Director, Cardiac Catheterization Laboratory, University of Chicago Medical Center, Chicago, Illinois

Hanumanth K. Reddy, MD, Clinical Professor of Medicine, St. Louis University Medical School, St. Louis, Missouri, and Medical Director, Poplar Bluff Regional Hospital, Poplar Bluff, Missouri

Rakesh Sharma, MD, Cardiologist, Palms Heart and Vascular Center, Cardiology and Interventional Cardiology, Florida and Adjunct Clinical Professor of Medicine and Cardiology, University of Arkansas for Medical Sciences, Little Rock, Arkansas

President's Column

Dear Friends:



As I take over the helm of AAICO presidency, I have pondered over the steady progress accomplished by the outgoing president, Dr. Kul Aggarwal. We extend our sincere gratitude to him for his untiring services in making AAICO stronger than before. Thanks to our founding President, Dr. Navin Nanda, who has clearly proved to be vital to the successful activities of AAICO year after year. No less important are enthusiastic efforts of our Board of Directors and Executive Committee Members, especially Drs. Rakesh Sharma, Vishal Gupta and Debashish Roychoudhury. Of course Mrs. Lindy Chapman's long term contributions to the activities of AAICO have been extremely valuable and quite commendable. The last Spring AAICO Dinner Meeting at Horton Grand Hotel in downtown San Diego was very popular and well attended. More than 250 attendees of three generations from all over the world enjoyed a brief scientific and educational meeting while savoring the delicious Indian cuisine. We extend our sincere gratitude to Dr. Sriidhara Ayengar who has greatly helped us with this meeting. We are also highly grateful to the California area Indian physician leaders, Drs. Bharat Patel, Jayanti Patel, Manoj Shah and Thomas Peter for their collaboration and active participation. Quite a few dignitaries graced the occasion. Among them were Dr. H.K. Chopra, the President of Cardiology Society of India (CSI), Dr. Santanu Guha, the President Elect for CSI and Dr. Sharad Agrawal from the British Association of Indian Cardiologists. Thus, in these twice yearly meetings of cardiologists of Indian diaspora, there is something for everyone. We wholeheartedly congratulate the honorees of this meeting for their great life time achievements. We are truly proud of our young and upcoming cardiologists-scientists of Indian Origin.

We welcome you all to attend the next exciting AAICO dinner meeting to be held at the Wyndham Resort Convention Center, near the main convention center in Orlando in the evening of November 8th, 2015. This meeting will have a brief scientific, educational program and Indian gala dinner. We thank our Industry sponsors for their continued support and we are expecting a large number of attendees at this meeting. I, for myself, have never skipped an AAICO dinner meeting in 20 years. While there are other high powered meetings at the same time, I prefer this meeting to others, because I get to socialize, network, enjoy the scientific meeting and savor the great Indian cuisine. Therefore, I am looking forward to seeing you all in the next AAICO dinner meeting in Orlando. All the details will be posted at the 'AAICO.org' Website. Lastly, I implore you all to become life members of AAICO and play an active part in the future endeavors of this formidable force in the cardiology arena. See you all in Orlando!

All Regards,

Hanumanth K. Reddy, M.D.
President

NOTE FROM EDITOR, AAICO NEWSLETTER.

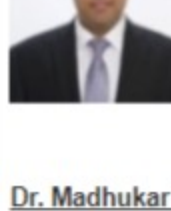
AAICO would like to receive News Items about its members or Short Articles of interest for consideration of publication in the next Newsletter. Please send your items for consideration to Dr. Debashish Roychoudhury, Editor, Email: roychoudhury03@gmail.com

AAICO Young Investigator Awards



AAICO Young Investigator Awards - November 2015

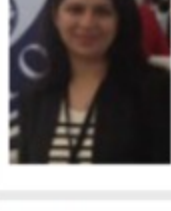
Dr. Krishna Ramaswamy Award/Interventional/EP



Title: Combined Association of Body Mass Index and Serum Creatinine with Cause of Death in Elderly patients undergoing Percutaneous Coronary Intervention

Authors: 1Kashish Goel MBBS, 1Rajiv Gulati MD, 1Guy S. Reeder MD, 2Ryan J. Lennon MS, 2Bradley R. Lewis MS, 1Atta Behfar, MD, PhD, 1Gurpreet S. Sandhu MD, 1Charanjit S. Rihal MD, 1Mandeep Singh MD. 1Division of Cardiovascular Diseases, Department of Internal Medicine, 2Division of Biostatistics, Mayo Clinic, Rochester, MN

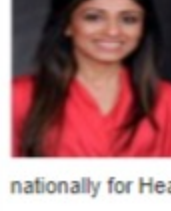
Dr. Madhukar Deshmukh Award/Preventive/Imaging



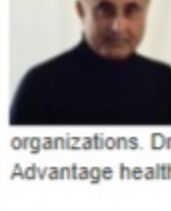
Title: Impact of Sex and Advancing Age on Left Atrial Volume and Shape: the Framingham Heart Study

Authors: Garima Arora<sup>1</sup>, Phillimon Gona<sup>2</sup>, Carol J. Salton<sup>3</sup>, David D. McManus<sup>4</sup>, Christopher J. O'Donnell<sup>5</sup>, Warren J. Manning<sup>2,4</sup>, Michael L. Chuang<sup>2,4</sup> 1University of Alabama, Birmingham, AL, USA, 2University of Massachusetts, Worcester, MA, USA 3NHLBI's Framingham Heart Study, Framingham, MA, USA, 4Beth Israel Deaconess Medical Center, Boston, MA, USA.

AAICO Honorees



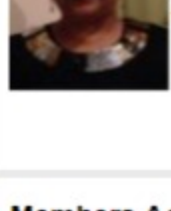
Sajani Barot, Pharm.D, MBA is a Senior Medical Science Liaison in Medical Affairs at AstraZeneca Pharmaceuticals. Sajani joined AstraZeneca in 2011 and has supported the neuroscience, oncology and cardiology portfolios. Prior to AstraZeneca, Sajani had worked with Lundbeck and King Pharmaceuticals in various medical affairs positions. Dr. Barot graduated cum laude honors from Drake University College of Pharmacy in Des Moines, IA in 2009. Dr. Barot also completed her Masters in Business Administration from Drake University School of Business concurrently with her Pharm.D education. Her passion includes educating healthcare professionals on new product development, facilitating cutting edge research with investigators and developing relationships with the healthcare community. A native of Chicago, Sajani now lives in Ridgeland, Mississippi. Dr. Barot also owns an independent pharmacy with her husband, Dr. Vishal Barot, Pharm.D, in the metropolitan Jackson, Mississippi area. They enjoy bringing convenient healthcare to the community in Jackson and hope to expand access to primary care through their pharmacy. In her free time, she enjoys volunteering as a youth leader for the local BAPS Mandir in Jackson and also serves BAPS Charities nationally for Health Outreach Programs such as Children's Health & Safety Day and community health fairs.



Dr. Narinder "Nani" Bhalla is currently a Senior Medical Director at AstraZeneca. He joined AstraZeneca Pharmaceuticals in January 2015, after having been in clinical practice, both in the academic and private sectors, for 20 yrs. Nani received his undergraduate degree at University Center at Binghamton, in NY and his medical degree at University Center at Buffalo, NY. He did his residency and chief residency in internal medicine at NYU Medical Center, NY. He completed a fellowship in Cardiovascular Disease at NYU Medical Center in 1995 and an interventional cardiology fellowship at Mount Sinai Medical Center in 1996. Through his career, he has participated in numerous clinical trials as site principal investigator, and has held faculty positions at NYU Medical Center, and Weill Cornell College of Medicine. He has also authored and co-authored various papers. He has served as a Director of the cardiac catheterization laboratory at two institutions and Chief of Cardiology at The Brooklyn Hospital Center. He has served on the board of the New York Heart Association and on the boards various public health organizations. Dr. Bhalla has also received various awards and honors for teaching. Nani has also been involved in other aspects of healthcare, including serving as a Chief Medical Officer for a Medicare Advantage health plan, and as a Senior Cardiovascular Consultant for a disease management company.



Sudhir Kumar Bhaskar, M.D. is the current President of the Central Florida Association of the Physicians from the Indian Subcontinent (CAPI). He has served as the Chief of Gastroenterology at the Orlando Regional Health Care since 2010. He is also a Teaching Service Attending at Orlando Health. He was born in New Delhi, India. Dr. Bhaskar received his MBBS from the University College of Medical Sciences, University of Delhi, India. He did his Residency in Internal Medicine at the University of Tennessee, Memphis, TN and his Fellowship in Gastroenterology at the University of South Florida, Tampa, FL. He has practiced Gastroenterology for the past 16 years. He is a Fellow of the American College of Gastroenterology, Fellow of the American Gastroenterological Association. Dr. Bhaskar was voted Top Gastroenterologist by the Orlando Magazine in 2013, 2014. AAICO is proud to honor Dr. Sudhir Bhaskar.



Gaurangi Nikunj Patel, DDS, is current President, Florida Association of Physicians of Indian Origin, Inc. (FAPI). Since 1988, she has been practicing general dentistry in Tampa Bay area. Dr. Patel is an active member of Indian community. She is a trustee of India Cultural Center and Hindu temple of Florida. Dr. Patel always volunteers in health fairs, does a lot of volunteer work in dentistry and treats compromised patients from Tampa Bay area. Dr. Patel is a member of ADA, WCDA, Pinellas Dental Association, Indian Dental Association and the A.G.D. AAICO is proud to honor Dr. Gaurangi N. Patel.

Members Achievements



Dr. Navin Nanda receives honors
• Navin C. Nanda MD was named as the "Father of Echocardiography" by the Sri Lanka Heart Association at their annual meeting in 2014 in Colombo, Sri Lanka "in recognition of phenomenal contributions made towards the development of the field of cardiac sonography. The pioneering work done by you has laid the foundations for the development of echo cardiography to its present sophisticated level".
• He was also given a diploma of Father of Echocardiography by the International Foundation for Development of Medical Science and Education ("Healthy Heart Foundation") based in St. Petersburg, Russia during an international echo meeting, September 17-20, 2015 (Echo of the World Nights-2015).
• Dr. Nanda was also honored as a "World Legend in Cardiology" by the 10th World Congress on Clinical, Preventive Cardiology and Imaging held in Abu Road, Rajasthan, India, September 3-6, 2015. The Award was given by the Rajasthan Minister of Forests and Mines, who was the Chief Guest.

REGIONAL AAICO MEETING WITH CENTRAL ALABAMA AAPI IN BIRMINGHAM

A regional AAICO dinner meeting was held in conjunction with the Central Alabama AAPI meeting in Birmingham, Alabama on Saturday, October 17, 2015. The speaker was Zubair Ahmed MD, Assistant Professor of Medicine and Director of Cardiac Intervention Laboratory, University of Arkansas Medical Sciences, Little Rock, Arkansas. His topic was "Understanding the Ongoing Risk of Atherothrombosis Beyond the Culprit Lesion." The meeting was very well attended with a large number of participants.

Future Cardiology/Echocardiography Conferences

HOLD THE DATE

April 1, 2016, 8:00 a.m. - 5:00 p.m.
Chicago, Illinois

Free registration

32nd Annual International Conference on Recent Advances in Echocardiography and Allied Techniques

Over 60 interesting echo cases from different countries

Sponsored by the International Society of Cardiovascular Ultrasound (ISCU) and the American Association of Cardiologists of Indian Origin

Conference Director: Dr. Navin C. Nanda

For further information contact Navin C. Nanda, M.D., e-mail: nanda@uab.edu

HOLD THE DATE

Spring AAICO Meeting

April 3, 2016

Chicago, Illinois

Advertisement for CIMS HOSPITAL, INDIA presents Radial Intervention Training Course (RITC). Includes details about the course, hands-on experience, and contact information.

Advertisement for American Association of Cardiologists of Indian Origin. Features a portrait of a man and the slogan 'I AM NOT BACKING DOWN FROM THIS FIGHT.' Includes the organization's logo and name.